

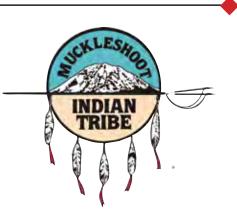
ADMINISTRATIVE APPRECIATION DAY page 13

> Annual Elders Luncheon



Muckleshoot Monthly 39015 - 172nd Ave. S.E. Auburn, WA 98092

NON-PROFIT ORGANIZATION U.S. POSTAGE PAID AUBURN, WA PERMIT NO. 86



Muckleshoot MONTHLY



Vol. XVII No. IV Muckleshoot Indian Reservation, Wash. May 15, 2016

MUCKLESHOOT CASINO SETS NEW WORLD RECORD



Muckleshoot Casino Director of Player Services Michael Ka'ahanui with World's Largest Slot Tournament Winner Benigno T.

The Muckleshoot Casino capped off its landmark 21st anniversary celebration in grand style on April 30 with a record-breaking event - the world's largest slot tournament. Officially certified by GUIN-NESS WORLD RECORDS, the historic designation was captured during the kick-off of Everi's 2016 TournEvent of Champions.

"This is a thrilling honor not just for Muckleshoot Casino, but for the incredible 3,173 players players who hold this record with us equally," said Conrad Granito, General Manager of Muckleshoot Casino. "Their spirited enthusiasm, combined with the exhilarating fun of Everi's TournEvent of Champions, created a winning combination."



All participants won at least \$21 in Free Play. The 1st place finisher won \$21,000 in cash!



Kellie Ferrick

Kellie Ferrick, an official GUINNESS WORLD RECORDS adjudicator, verified the accomplishment after a more than 13hour period. Participation in the historymaking event, which awarded more than \$100,000 in cash and prizes, was free to guests 21 and older.

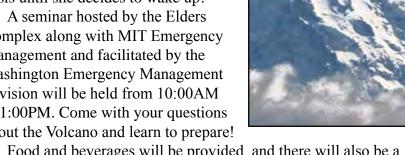
The tournament's top finisher, Benigno T. of Federal Way, received \$21,000 in cash and a four-night trip to Las Vegas to compete for a chance to win \$1 million in Everi's TournEvent of Champions championship event on September 28, 2016.

Continued on page 5

Volcano/Lahar Seminar set for May 21st

Come to the Elders Complex on May 21st and learn about the potential risks and impacts of the ACTIVE VOL-CANO that is sitting in our backyards, which is beautiful to look at on a daily basis until she decides to wake up!

A seminar hosted by the Elders Complex along with MIT Emergency Management and facilitated by the Washington Emergency Management Division will be held from 10:00AM to 1:00PM. Come with your questions about the Volcano and learn to prepare!



Food and beverages will be provided, and there will also be a limited number of drawings for emergency kits. Families with children are especially encouraged to attend.

Questions or Comments can be directed to Ada.McDaniel@ muckleshoot.nsn.us

Indian Relay Racing returns to Emerald Downs June 10-12

18 top teams will compete for \$50,000 in purse money and Muckleshoot Gold Cup trophy

The thrills and excitement of Indian Relay Racing will again be on display at Emerald Downs Friday through Sunday, June 10, 11 & 12. Eighteen of the best relay teams will compete for \$50,000 in purse money and the honor of taking home the prestigious Muckleshoot Gold Cup trophy.

Tribes from Idaho, Montana, Oregon and Washington will be represented. Teams will race twice around the Emerald Downs one-mile track, exchanging horses every half-mile. Each team's rider must leap from one galloping horse to another while other team members, known as muggers and holders, assist in handling the horses.

The Muckleshoot Tribe hosts the event as the owners and operators of Emerald Downs and the Muckleshoot Casino is sponsoring the competition. There

will be three relay races each day along with the regular full card of live thoroughbred races. The Muckleshoot Canoe Family and other cultural groups will be on hand, with White River as host drum all three days.

\$50,000 Muckleshoot Gold Cup **Participating Teams**

Two Tone Pocatello, Idaho; Coby Team, Ft. Hall, Idaho; Carlson Relay, Browning, Mont; Rides A Pretty Horse, Billings, Mont; Umatilla Express, Pendleton, Ore; Starr School, Browning, Mont; Omak Express, Omak, Wash; Pikunii Express, Browning, Mont; Teton, Blackfoot, Idaho; Eagle

Star Express, Crow Agency, Mont; Awasapsii Express, Browning, Mont; Blanket Bull Garryowen, Mont; Old Elk Relay, Crow Agency, Mont; Medicine Tail, Garryowen, Mont; Mountain River, Hays, Mont; Warman, Hardin, Mont; Grizzly Mountain, Omak, Wash; Little Badger, Browning, Mont.



Northwest Wave of Wellness WOWs Muckleshoot!

"The Northwest Wave of Wellness (WOW)" made its scheduled stop at Muckleshoot Tribal School on Saturday, April 23, 2016. It was a full day of encouraging, motivating, inspiring, and supporting one another and our families on a path of wellness.

The day was packed full of activities and classes to focus on full wellness of mind, body, and spirit. The event was hosted by All My Relations Fitness and Nutrition (AMR), a local business owned and operated by Muckleshoot Tribal Members Angelica Roberts and Rachel Heaton.

The day began with Puyallup Canoe Family opening with an

honor song. A prayer by Katherine Arquette-Turpen followed, and then the day's guest speaker and dear friend, Gyasi Ross, provided inspirational words to get the day going.

Classes ranged from Kombucha making, Laughing Yoga, to discussions with Spiritual leaders Alfred Gibson and Connie Mc-Cloud. The Puyallup Nation Kings, a semi-pro football team, set up a football obstacle and drill course in their second stop promoting the Northwest Wave of Wellness. The day ended with a Family 5K Bubble walk/run and medals for the participants.

We were honored to have many volunteers that made this day possible by giving their time to support this event. This was the 2nd stop among many to come. The inaugural event was hosted by the Puyallup Indian Tribe and held at Chief Leschi with an attendance of over 150 people.

This journey began for AMR almost two years ago, when many different people from local tribes would meet at Stadium High School in Tacoma for "Stair Survival." This was an opportunity to get out and network with other local Tribal members along a fitness journey, while at the same time conquering and encouraging the completion of over 1,700 stairs.

The discussions between AMR and Puyallup Tribal Council Member David Bean began with plans to host an intertribal event featuring "Strong Man games," but this idea eventually evolved into a day for any fitness level and encouraged families to come together to be inspired, motivated and educated on ideas to help support one another in full wellness.



David Bean then took this idea back to the Puyallup Tribal Council for the go-ahead for the project. "This is part of an ongoing effort to promote wellness at every level-physical, mental, spiritual, and emotional," he told them. The other Council members were excited to offer a new way to encourage families and their overall wellness and offered their enthusiastic support.

The intent of the Wave of Wellness (WOW) is to travel from reservation to reservation with different ideas to bring our communities together and promote overall wellness among our people. This event is different because it brings a wide range of wellness ideas and healing activities to our people, by offering classes for the day that cover topics of healing of the mind, body and spirit.

There are many Tribes reaching out to be the next spot to host the Northwest Wave of Wellness in their communities. The hope is to bring this event back around to Muckleshoot with a wide range of new classes in the future as the WOW makes its way around the Northwest to other local Tribes.

We were honored to have over 150 people attend the event in Muckleshoot, ranging from youth to elders. We were also honored to have so many volunteers and trainers participate to make this event possible. Many people attended this event from other Tribes ranging from Arizona, Oregon, Nisqually, Port Gamble, Suquamish and many more.

We would like to especially thank the following people for making this day possible:



Robert Bass, and Tribal Members on the Hancock Forestry Team, paid a visit to Tribal Council to provide first hand testimonies of how working on the property has played a positive role in the development of their lives.

Virginia Cross Receives the 2016 Bill Kyle Award

Tribal Council Chair, Virginia Cross, was honored with the Bill Kyle Award at this year's Annual Recognition of Service Dinner, hosted by the Auburn Area Chamber of Commerce.

The Bill Kyle Award is an illustrious prize bestowed upon an elected official that has made a significant, positive, impact on their community and has been an advocate for local business.

This year's finalists included the Mayor of Pacific, Leanne Guier; Representative Linda Kochmar, and Senator Joe Fain.











More Photos From the 520 Bridge Blessing





2016 Muckleshoot Tribal Graduation Dates

Muckleshoot Head Start (Muckleshoot Early Learning Academy:

Thursday, June 16th at 10 am in the Muckleshoot Tribal School Gym

Birth to 3 End of the Year Celebration

Friday, June 17th 12-3 pm at Northwest Trek

<u>Tribal School Graduations</u>

All graduation ceremonies will be in the Muckleshoot Tribal School Gym

12th grade Friday June 10th at 5 pm

8th grade Monday June 14th at 10 am

5th grade Monday June 14th at 10 am

Kindergarten Monday June 14th at 10 am

High School Graduation Dinner

Friday, June 17th at 6pm in the Muckleshoot Casino Banquet Rooms

Higher Education Dinner

Thursday, June 16th at 6 pm in the Muckleshoot Casino Banquet Rooms

All Schools-All Grades Community Celebration

Honoring Our Graduates, June 17, 2016, 12:30 to 5:30 PM

Muckleshoot Tribal School Grounds

Auburn School District

Auburn High School

Sunday, June 19th at 4 pm at Auburn Memorial Stadium

Auburn Riverside High School

Saturday, June 18that 4 pm at Auburn Memorial Stadium

Auburn Mountain View High School

Saturday, June 18th at 11 am at Auburn Memorial Stadium

West Auburn High School and Virginia Cross Native Education Center Saturday, June 18th at 1:30 pm at the Auburn Performing Arts Center

<u>Auburn School District Native American Program "Honoring our Native</u> American Graduates" Celebration

Wednesday, June 8th from 5:30 pm to 8 pm at Auburn High School

Dinner in the Commons

Enumclaw School District

Monday, June 13th at 6:00 pm at the White River Amphitheater

<u>Enumclaw School District Native American Program "Honoring our Native American Graduates"</u> Celebration

Thursday, May 26th from 7:00 pm to 9 pm at Enumclaw High School Auditorium



MUCKLESHOOT INDIAN TRIBE - CULTURE PROGRAM

In Conjunction With The Muckleshoot Tribal School, Auburn & Enumclaw School Districts, MIT Language Program & the Muckleshoot Tribal College Early College Program Announces:

SUMMER YOUTH PROGRAM - 2016

- FOR MIDDLE & HIGH SCHOOL STUDENTS -

AUBURN SCHOOL DISTRICT STUDENTS MAY START ONCE SCHOOL IS OUT

WHEN: TUESDAYS, WEDNESDAYS, THURSDAYS * 9AM-3PM

JUNE 21 - JULY 14, 2016

WHERE: MIT CANOE FAMILY BUILDING

38907 17210 AVE SE AUBURN, WA 98092

BREAKFAST & LUNCH PROVIDED
TRANSPORTATION AVAILABLE

CREDIT OPPORTUNITY!

- ✓ WORLD LANGUAGE*
- **✓ WATER SPORTS**
- ✓ WA STATE HISTORY

Coast Salish Cultural Activities

- » Creating Regalia
- » Make a Drum & Learn How To Carve
- » Learn Traditional Songs & Dance
- » Learn bəqəlšutucid
- » Physical Fitness Program
- » Empowerment Of SELF, CULTURE & COMMUNITY

TRIBAL JOURNEY

opportunity to earn an additional .5 credit +PADDLE TO NISQUALLY

July 16th - August 6th. 2016

CONTACT WILLARD BILL JR. AT 253-876-2994
WILLARD.BILLJR®MUCKLESHOOT.NSN.US

WALKING ON ...

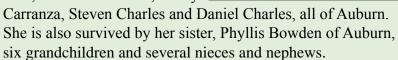
Maria Ann Carranza

Maria Ann Carranza of Auburn died April 13, 2016 at the age of 70. She was born May 26, 1945 to Philip and Bertha Ameno in Grand Coulee, WA.

Marie was a Sun Dancer, Mariners fan, and a BINGOholic.

She is preceded in death by her parents; husband Steve Fernendes and son Kim Carranza.

Maria is survived by her sons, Edward Carranza, Henry



A funeral service was held on April 20, 2016 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery. Please sign the online guest book at www. weeksfuneralhomes.com

Pamela Jeannette Daniels' Obituary & Thank You

Pamela Daniels, born Dec. 7, 1986; passed away in her home on April 4, 2016; and was laid to rest April 7, 2016.

She is survived by her parents, Regina Morrison and Patrick Daniels Sr.; sisters - Dino Daniels and Jonnie Rae, brothers - Peter, Patrick Jr. and Stanley Daniels.

Pam was preceded in death by her grandparents – Jeannette "Brown" Miller, Gresham Morrison, Theresa McKay, brother - Dale Reece Morrison, as well

as many aunts and uncles.

Demole had a total of 10 pieces and perhays, as well as

Pamela had a total of 10 nieces and nephews, as well as numerous babies that she helped to raise as if they were her own.

Pamela enjoyed: cruising/driving, family gatherings, baking, jewelry, butterflies, swimming at rivers and lakes, taking the kids out for Slurpee's, dying her hair different colors or cutting it into different styles, gambling, lasagna, taking pictures of/with family members, making items for memorials, FAMILY TIME, and lastly LIFE!! She let nothing and nobody stop her from living life to the fullest. She was ALWAYS there to help others when they needed it.

Our family would like to give a huge thanks to Minister Dennis Anderson Sr. for doing a wonderful service for our daughter. Thanks to the gravediggers for our daughter's last bed. Thanks to the cooks for the meal, we know it isn't easy. Thanks to all of the staff at the Weeks' Funeral Home in Buckley, for preparing our daughter to start her new journey home.

Lastly, THANKS to all who showed up at our home in time of need; whether it be for cleaning/cooking/comfort/bringing food-refreshments/a shoulder to cry on and just being there.

We remember all of the faces who have stepped foot into our home during that rough time, and pray that God will bless your hearts.

Many of you knew Pamela as: Pammy, PJ, Pam, and Sissy!! We will always remember her as "OUR DUMPLING"!!

Amy "Tina" Purdy

Amy "Tina" Purdy, 69, of Auburn, WA died May 9, 2016. She was born June 30, 1946 in Centralia, WA to Laura Starr and David Nichols Sr.

Amy had many talents. She was a very good seamstress, cook, gardener and decorator, among other things. She loved her pets, socializing with family and friends, and enjoyed hosting tea parties.

She is survived by her brothers, Dennis "Danny" Nichols Sr.

of Auburn, Larry Nichols of Enumclaw and several nieces and nephews.

Amy was preceded in death by her parents; husband David Lewis "Sonny" Purdy Sr.; daughter Julie Lynn Tom; sister Gayle Allen; and sons Frankie Andrew Lee Tom, David Nichols, Lester Nichols, Russell James and Kenneth James.

A funeral service was held May 12, 2016 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery.



Tomanamus Forest well represented at 40th Annual National Indian Timber Symposium

By Heather Watson

The 40th annual National Indian Timber Symposium was hosted by the San Carlos Apache Tribe in Globe, AZ. The Muckleshoot Indian Tribe sent multiple representatives this year; to not only learn from other tribes, but also to share all the great work happening on Tomanamus. This year Valerie Segrest, Janay Joseph, Virginia Marquez, Andrew Hall, and Heather Watson all attended.



There was a multitude of presentations on lorest management, however the focus was on managing the forest to meet the traditional needs of the tribes in the area. The San Carlos Apache Tribe is managing their forest in a manner that restores natural and native foods and medicines.

If they can successfully restore the native foods and plants that were traditionally on the landscape, then they know they will have restored it back to its healthy and natural state. The tribal botanist and traditional foods and medicine staff have been working with tribal elders for the past 20 years to develop an understanding of what was on the landscape and how to restore it to its original state.

The San Carlos Tribe did an excellent job highlighting the need for grant funding in traditional foods and medicines, which historically has not been provided. They noted that many forest management activities such as fire, active forest management, thinning projects, etc. receive ample government funding, however there is little to no funding available for non-timber resources. They hope to spread the message of the values placed on non-timber resources in native cultures, and are asking that the government and other agencies start to understand the need for non-timber management funding.

The 41st annual National Indian Timber Symposium will be

hosted at the Yakima tribe next year and we hope to have our agroforestry technicians not only in attendance, but presenting information on women in natural resources, k-12 forestry education, and highlight the work being done on Tomanamus. We hope that even more Muckleshoot tribal members who are working with or on Tomanamus will be able to attend, and hear about all the great work being done around the nation with tribal forestry and the Intertribal Timber Council.

Virginia Marquez

I had the opportunity to attend the 40th annual National Indian Timber Symposium through my job. They allowed us to attend the symposium to get a view of how other tribes manage their land.

The symposium kept the people who attended involved by having hands on activities and field trips. I got to learn that certain areas will let fire burn freely, but tamed by firefighters. They allow it to burn so it can clear the brush and lower the fire intensity during the hot season. They also use the fire to bring back the traditional and medicinal plants that the tribal people used and still use today.

They showed us their forest and reservation, while including us in their feast of traditional foods and dance. It was a great first experience going to Arizona and being able to see how other tribes manage their forest, and their different traditional values.

Attending also connected me with many different people around the United States that I hope to see next year at the symposium in Toppenish, Yakima. I'm excited to attend next year since it will be closer and I will be able reconnect with some of the people I met this year, as well as develop new connections around the US.

Next year I also hope to be able to present some of the work we are doing on Tomanamus from forestry education to our unique forest management!

Janay Joseph

The 40th Annual National Indian Timber Symposium was a unique, eye-opening experience for me. Meeting other Natives from tribes around the nation was awesome!

While in Arizona I learned how to weave a basket using cottonwood branches. My teacher's name was Billy Jean. She belongs to Apache Tribe. She told me she had been weaving for 20+plus years, but to me, it looked as if she had been doing it her whole life. She is the sweetest, most patient woman. I was very grateful to learn from her.

Forests and trees in Arizona are so much different than here. I was curious to see and hear about how other tribes manage their land. The Apache Indian Tribe has over 1.3 million acres to call their own. They manage a lot of the land by using prescribed burns and mechanical thinning machines.

Prescribed burns are not something Hancock Forest Management practices in the Northwest; and I have never learned about them, so that part was very captivating. We toured the desert to get a first-hand look at what the vegetation looks like after a prescribed burn, and were even able to compare parts of the forest that had been treated and parts that had not been treated.

Every tribe is blessed in different ways. Muckleshoot doesn't have a million acres, but we do have high timber production and sales, something that Arizona can never compare to.

The Apache traditional foods are seed-based, and one evening we had an entire menu with their foods. Prickly Pear Cactus juice, Sumac berry juice and Indian tea were the beverages of the evening. The main course consisted of Pack Rat (lots of bones), acorn and squash bread, wild onions (that had the texture and flavor more like a potato), Elk and acorn tamale and acorn dumpling.

It was really eye opening to see how their traditional foods compare to ours. The Apache do not have as many berries in their diet as we do.

Before the feast, we were introduced Apache elder that is 103 years old. She grew up eating her traditional Apache foods and continues to till this very day. Imagine if you ate your traditional foods full of salmon, bison, huckleberry and fruit leather. Would you make it as long as she has? ;)

2nd Annual Student Planting Day at Tomanamus Forest

This year, the 6th grade students from the Muckleshoot Indian Tribal School, along with the 9th and 10th grade forestry classes came out to Tomanamus to plant trees. The all-Muckleshoot silviculture crew, which has already planted over 100,000 trees this year alone, was there to show students how to plant the trees effectively and explain why we plant over a million trees a year. The students did a great job planting approximately 900 trees!

While the tree planting was a great success, the best part of the day was seeing parents, siblings, cousins, and uncles on the silviculture crew getting the opportunity to show their families what they do, why they do it, and spend a beautiful day in the woods together. We continue to look forward to hosting the 3rd annual tree planting for the 6th grade Muckleshoot students next year around Earth Day and Arbor Day.



















P5

Northwest Wave of Wellness Comes to Muckleshoot!









ALL MY RELATIONS WOULD LIKE TO THANK THE FOLLOWING:

LOG O GIRLZ **GYASI ROSS**

MUCKLESHOOT TRIBAL SCHOOL PUYALLUP KINGS SEMI PRO FOOTBALL TEAM **MUCKLESHOOT INDIAN TRIBE**

MUCKLESHOOT CANOE FAMILY ** PUALLUP CANOE FAMILY ** CONNIE MCCLOUD ** PATTI STENNANT** RUSSELL MILLER ** ROBERT SATIACUM ** DAVID BEAN ** TLEENA IVES ** ONE CONDITION ** WILLIAM MANZANARES-TACOMA FRESH ** CARLENE STEWART-SCHULTZ **KATHERINE ARQUETTE-TURPIN ** DAVE TURPIN ** ANDRE PLEASANT ** ARCHIE CANTRELL ** ALFRED GIBSON **AUTUMN AND CLINTON MCCLOUD** MUCKLESHOOT WELLNESS AND YOUTH PROGRAM **NESTLE SO-DELICIOUS







































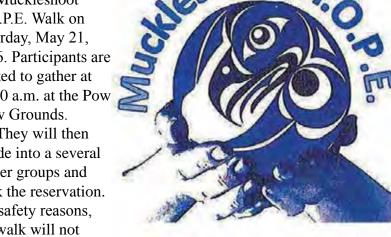


MUCKLESHOOT H.O.P.E. WALK

Healing in the Muckleshoot Community

Plans have been announced for the Muckleshoot H.O.P.E. Walk on Saturday, May 21, 2016. Participants are invited to gather at 10:00 a.m. at the Pow Wow Grounds.

They will then divide into a several prayer groups and walk the reservation. For safety reasons, the walk will not include the main



highway. A limited number of safety t-shirts will be available for participants on a first come, first serve basis

Participants will be shuttled to walk the mapped-out area to carry out their activities. All prayer warriors, religions and beliefs are welcome to participate. People in recovery are encouraged to participate. Groups will meet back at the pow wow grounds afterwards and walk together to the Elders Complex.

For more information, to volunteer, or for food donations, contact Elaine at 253-261-4146.

CASINO WORLD RECORD continued from page 1

"We've held hundreds of TournEvent of Champions slot tournaments over the past five years, but this one was definitely the most memorable and the perfect way to kick off this year's campaign," Linda Trinh, Everi Vice President of Marketing & Promotions, added.

"We are proud to be a part of this historic event and want to thank Muckleshoot Casino, as well as all the players, who helped make this our biggest TournEvent of Champions tournament to date."



From its humble start in a tent in 1995, Muckleshoot Casino now proudly serves as the largest gaming establishment in the Pacific Northwest, with more than 3,100 games, eight delectable dining experiences, and sensational live entertainment.



P6 May 15, 2016 MUCKLESHOOT MONTHLY

CURRENT MUCKLESHOOT WHEREABOUTS UNKNOWN LIST

The listed individuals have an IIM (Individual Indian Monies) account with no current address information on file. IIM account holders have, or have in the past had, an ownership interest in Trust land and/or Trust funds. They could be (or may in the past have been) a beneficiary of a probate order, or have been gifted an ownership interest in Trust land, or have a tribal judgment or per-capita account set-up in their name.

If you or someone you know is on this list, please have them contact the Office of Special Trustee at 425-252-4382 or stop by the Trust Services Department in the Philip Starr Building."

Allen, Doris A Allen, Doris A Allen, Helene R Allen, Jared Allen, Joseph S Allen, Sheryl Ann Arms, James W Bargala, Madeline C Bargala, Ona Bargala, Sonny D Barr, Kelvin J Berry, Phillip E Berry, Regina Bill, Sovereign Mary Ann Broady Iii, John Brown, Roxanne Cabanas, Wilma Charles, Elma Courville, Bradley P Courville, Leeroy R Courville, Mitchell Courville, Sandra Courville, Steven M Daniels, Kathryn F Daniels, Kathryn F Davis, Brian Dukowitz, Robyn Michelle Dunbar, Shawn L Elkins, Ira a Elliott, John D Foster, Robert Gonzales, Floyd D Greene, Anastatia V Hansen, Jimi L Jansen, Charles Jerry, Lawrence E John Jr, Walter Johnson, Shante Karmean Kahama, Pauline M Kahama, Pauline M

Kahama, Priscilla A

Keeline, Joel N Lewis, Casandra R Lobehan, Jessie L Lozier, Anthony Lozier Rojas, Renee R Maltsberger, Mykle A Miller, Cecilia Miller, Claudia Miller, Richard H Molina, Laurie (Ross) Montez, Emeley F Moses, Albert M Moses, Carlene Moses, Rudolph Moses, Tandra Mull, Betty N Nelson, Lester Ortiz, Sandra Sue Penn, Lisa M Perez, Lisa Rojas, Renee Sanchez, Bobbi Sandoval, Elaine Simmons, Joseph Simmons, Renne S Simmons, Robert Starr, Beverly Starr, George Stewart, Patty Thompson, Annette L Valles, Monti M Ward, Kathryn K White Eagle, Ben Williams, Alexander E Williams, Dorothy A Williams, Raymond Williams, Wilfred J Williams Sr, Alfred J Youckton, Justin D Youngman, Alexandria Marie

MUCKLESHOOT * VETERAN'S POWWOOT POWWOO



Mothers Day Luncheon

May 3rd, 2016, Cougar Room

PHOTOS BY EVAN AVILA























Muckleshoot Tribal College to Offer Early College Program, July 6 – August 2, 2016

The purpose of the Early College Program (E.C.P.) is to provide a culturally relevant educational experience for Native American high school students needing to recapture credits. Juniors and seniors are invited to attend this four week summer program in which they can earn high school credit.

Most of the coursework will be completed within the timeframe of the program. Students will be encouraged to work at their own pace; yet the expectation is for all students to finish all course requirements by the end of the program. In some cases, if needed, a student may be given extra time to work independently during the rest of the summer to finish all of the requirements.

For 2016 a theme will be developed by the Early College Planning Committee. We typically have a Health & Wellness theme every summer embedded into the academic theme.

We will be offering classes that will assist students with classes needed for graduation. Some of these classes will include: 1) P.E., 2) Math, 3) CMPS 101, Computers-the MOST Program, 4) Art, and, 5) Culture.

Northwest Indian College will be the accrediting college offering credits. Students will complete the MOST Basic Office Assistant Program (listed above as CMPS 101). An emphasis will be placed on keyboarding skills this summer. Students have the potential to earn between 1- 2 High School credits.

Students will have a transcript sent to their high school in early September.

Muckleshoot culture will be embedded in the E.C.P. The Early College Program is planning on joining the Muckleshoot Canoe Department twice on the days when the canoes go on to the water.

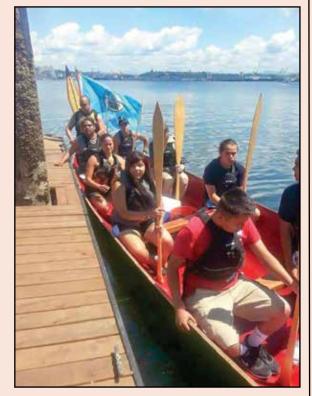


It is our hope to also work with the Muckleshoot Language Department and have a language lesson at least once per week. Traditionally, each summer, the students each make one cultural item, such as a hand-drum, carving project, weaving, or sewing project. Guest cultural groups will also be a part of the ECP.

The Early College Program is working with Hancock Forest Management, and Muckleshoot Tribal School, to spend 2-3 days in Tomanamus.

Applications will be available for this program by the end of May.







Tribal College Alumni News

We at the Tribal College have been reaching out to our former alumni for the first time in an effort to better understand our former students and build programs based on alumni feedback, as well as our current, and future students' feedback.

If you attended any Tribal College programs in the past and missed the Tribal College Alumni Survey sent out via email, we would like your feedback.

You can go to https://scholarshipprogram.typeform.com/to/ikelgZ

In the survey please type "none" if the questions do not pertain to you. Thank you in advance for your input.

Save the Date! 5-26-16

Muckleshoot Tribal College Alumni Dinner

If you attended the Tribal College in the past in any of the programs offered, come and share in an evening of fun and celebration!

When: Thursday, May 26th, 2016
Time: 6:00 pm - 8:00 pm
Where: Pentecostal Church

Dinner to celebrate success stories and learn information about accreditation, and more!







Calendar of Events

GED

May 16th The GED Learning Center will be open for SELF STUDIES only

MOST Courage 360 Workshops

May 18, Resumes & Cover Letters, 3-5 pm May 25, Occupational Analysis, 3-5 pm

NWIC

May 9-13th Mid-term Week May 16th Registration for Summer & Fall

Tribal College Alumni Dinner

May 26 Tribal College Alumni Dinner, 6:00 pm -8:00pm at the Pentecostal Church

Tribal College Closure

Monday, 5-30, Tribal College and Scholarship will be closed for Memorial Holiday

MOST Program:

Janet Emery, Program Assistant, 253-876-3355 Renee Lozier-Rojas-MOST Program Liaison, 253-876-3292 Andrew Mikel-MOST Program Computer Literacy Instructor, 253-876-3305

Cord Rose, MOST Program IT Instructor, 253-876-3344 Denise Bill, MOST Program Manager, 253-876-3345

GED Learning Center:

The GED Learning Center (GLC) works to prepare secondchance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Contacts:

Cary Hutchinson
GED Instructor
253-876-3375

Cary.Hutchinson@muckleshoot.nsn.us

Mitzi Judge

GED Test Administrator 253-876-3395

Mitzi.Judge@mucklshoot.nsn.us

Northwest Indian College:

Two Associate's level degrees:

The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"

The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

Two Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)

Management (TGBM)
The Bachelor of Arts in Community Advocates and Responsive

Education in Human Services (C.A.R.E.)

Contacts:

Site Manager: Kendra Aguilar Phone: 253.876.2831 Email: klaguilar@nwic.edu

Instructional Aid/Technician: Melissa Reaves

Phone: 253.876.3274 Email: mreaves@nwic.edu

MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:

Marie Marquez, Financial Aid Director at 253-876-3382. Dena Starr, Scholarship program Manager at 253-876-3147 Victoria Lucyk, Acting Academic/Career Counselor at 253-876-2845

Melissa Scearcy, Admin. Specialist II at 253-876-3378

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations in western Washington. Students can earn an AA through the on-line Reservation-Based, Community Determined Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Reservation-Based B.A. program. Designed for place-bound students with connections to tribal communities, the program has been "reservation based" from the beginning with classes held on Indian reservations in western Washington.

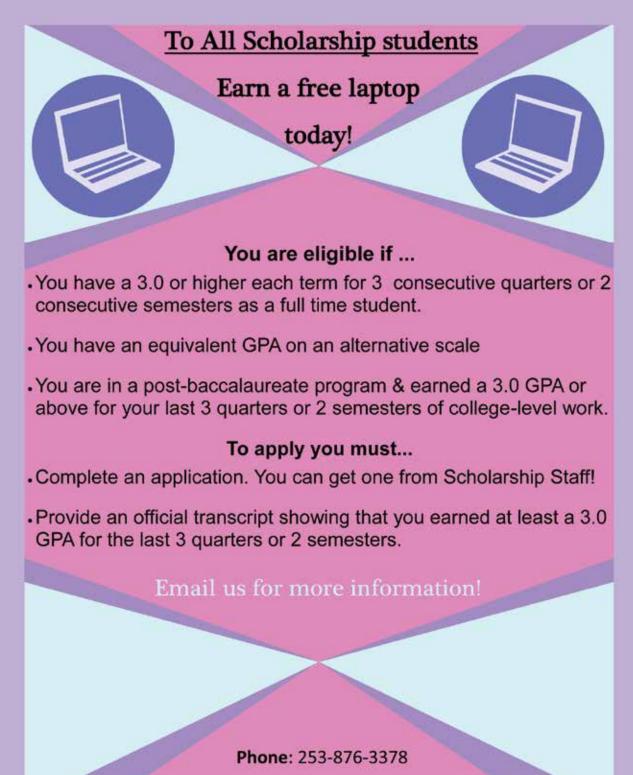
Contact:

Cindy Marchand-Cecil – Evergreen Phone: 360.458.4226 Email: marchanc@evergreen.edu

Continuing Ed:

Mitzi Judge Phone: 253.876.3395 Email: Mitzi.judge@muckleshoot.nsn.us





Email: ScholarshipsDept@Muckleshoot.nsn.us

HIGH SCHOOL CAREER DAY

May 5th, 2016, Emerald Downs

PHOTOS BY EVAN AVILA



















0 & A About Head Start Health Documents

Why Does Head Start Keep Hounding Me About Health Documents?

There are currently 3,542 performance Head Start programs across the United States. One component of these standards is health. Head Start programs are required to collect health documents for all enrolled students within a specific timeframe. Part of our job is to determine a child's health status (whether they need additional follow-up or are up-to-date on medical and dental care). We are required to collect physical exams, dental exams, immunizations, vision, hearing, and developmental screenings to make this determination.

Once we have this information, we can partner with families to assist in finding affordable health insurance (if applicable), finding a primary care provider, requesting records, making appointments, and following up with providers, as needed.

What Does All This Have To Do With My Child Going to School?

Children who are struggling with health, dental, vision, hearing, and developmental issues and concerns, are not as ready to learn as those children who are following up regularly with the child's primary care provider and dentist, receiving support services (if needed), and maintaining consistent attendance at school due to good health all contribute to a child's overall success at school.

Auburn announces new AugustFest Celebration New Festival will take place August 12-13

Auburn Days – Auburn's main summer celebration for many years – will take on a different look this summer. The change includes a new name: AugustFest. Over the past several months, plans for a new festival have been developed that blends pieces of the former Auburn Days with pieces of a new festival in Les Gove Park.

AugustFest will kick off on Friday, August 12 with a 5K Fun Run and Kid's Loop-de-Loop at Les Gove Park, held in conjunction with the Summer Sounds & Cinema concert and outdoor movie

On Saturday, August 13, the Auburn Days Parade will begin at 11:00am on Main Street. The new AugustFest festival at Les Gove Park will run from 11:00am until 8:00pm on Saturday and will include two entertainment stages, a beer garden, food vendors, craft and specialty vendors, community and non-profit vendors; a zip line, inflatables, a rock-wall, a train, pony rides, mini golf and much more! A Commemorative Car Show will also take place at Les Gove Park- 12pm-5pm.

Applications for Arts & Craft Vendor spaces, which are \$50 before July 8, \$65 after, are available through the Auburn Parks & Recreation Department.

MTS Paraprofessional Nominated for Top State Honor

The staff of MTS is proud to announce that one of the paraprofessionals at Muckleshoot Tribal School was a nominee for the 2016 Washington State Classified School Employee of the Year. She was not selected as the finalist this year, but we are very happy her hard work and dedication is being recognized We are lucky to have her working with the students at MTS. Below is the submission for Jiao Hudon's nomination:

"It is an honor to nominate Ms. Jiao Hudon as 2016 Classified School Employee of the Year. We are fortunate to have had her at the Muckleshoot Tribal School for seven years. Jiao is an excellent K-5 math intervention paraprofessional. She does not waste her time and is always thinking about what could be done to help students succeed. She has made significant contributions to the continuous growth of students with whom she works. Jiao's passion and commitment to help her students improve go beyond her work hours at Muckleshoot Tribal School. She is constantly researching methods to reach her students. After hours, she contributes great ideas and teaching strategies to her colleagues. She is flexible, reliable and is willing to support her colleagues in any way she can.

Jiao works with students from kindergarten through fifth grade and successfully transitions between reinforcing number concepts to 10 all the way to teaching mixed fractions. Her knowledge base of mathematics and way of relating to the various age, behavioral, and academic ability levels of students is superior. She works with students that are currently working below grade level, providing extra assistance and works in a small group setting to help the kids fill in the gaps that cause them to fall behind.

As a result, our school has seen a big improvement in student classwork, an increase in the understanding of the material that is worked on in class, and an increase in MAP Scores. Some specific examples of Jiao's excellent work include:

86% of her students increased their MAP scores from fall to winter;



Jiao with kindergarten students

50% of her 1st grade group and 50% of her 5th grade groups moved from intensive to strategic.

In addition, Jiao is very active in the school garden, summer school and with after school sports. She is a consummate team player, is dependable and always seeks out a way to help others. Jiao is an advocate for the school garden and she hosts weeding parties to encourage student participation.

She builds positive relationships with her students in a way that honors their Native American culture. One specific way Jiao does this is to tie the learning targets in with real life examples that the students can relate to. She shares her love and enthusiasm for math in a way that is contagious. Students enjoy working with her and they always remind their teachers when it is time to go for intervention. Our school is a more effective learning environment with Jiao

Respectfully submitted by Justine Serroels, Lea Schutzler, Leslie LaFountaine, Melanie Struck, Taneisha Tilque and Todd Moser.

grade), Alyssa Mercer (11th grade), Erika Ramirez (10th grade),

This year's MTS participants were: LaShawna Starr (12th

Application must be completed.

Must pass Urine Analysis (UA).

First come, first served!



APPLICATIONS NOW BEING ACCEPTED FOR

Deadline is Thursday, June 2nd

Thursday, June 2, 2016.

Verification.

SUMMER YOUTH WORK TRAINING PROGRAM

The Muckleshoot Tribal College and Career Education Oppor-

In order to be eligible to work with the program the youth must

All applicants must provide 2015- '16 School Enrollment

tunities Program will be accepting applications from youth interest-

ed in working with our Summer Youth Training Program through

be between the ages of 14-18 years old, enrolled in school and an

enrolled Muckleshoot Tribal Member. Descendants may apply but

will be put on a waiting list, may call if you have questions.

Incomplete applications will not be accepted!



Stephen Adler shows students a photo from his youth

Stephen Adler never even thought of himself as a survivor until, at age 65, he made his first visit to the Holocaust Museum in Washington, DC. Although he was a Jew who was born in Berlin in 1930 and witnessed the Nazi rise to power, he didn't end up on a concentration camp. Instead, he wound up in Chicago, where he prospered as a chemical engineer.

But when he saw a sign-in table for survivors at the Holocaust Museum had, he though he should go over and ask. When he told them he had escaped Nazi Journey through the Kindertransport (kinder = children in German), they informed him that he indeed was a Holocaust Survivor.

From that day until now, Mr. Adler has devoted himself to sharing his story with school children. On April 29 he brought his memories of an innocent childhood upended by the evils of Nazism to Ms. Hildebrand's high school class at the Tribal School.

He began by explaining that his family were what's called secular Jews – that is, not particularly religious – Jews in name only. They considered themselves Germans like everyone else, and enjoyed a pleasant middle-class life.

Young Stephen was unaware of the dangerous rise of pro-Nazi – and anti-Jewish – sentiment in his country and city, but his parents were very aware of it. When it came time for kindergarten, they sent him to an all-Jewish Montessori school, and then to a Catholic grade school, in an effort to limit his exposure to the cruel tide that was rising.

He recalled going to a Jewish summer camp, where local youth would line the road they walked to get to the swimming lake, shouting insults and throwing stones. As a young child, all of these changes were hard to understand.

New laws were passed: Jews were no longer allowed to keep pets, go swimming, or have singing groups. Certain benches in city parks were painted yellow, and these were the only benches Jewish people were allowed to sit on. It just kept getting worse.

Then one day two men in raincoats took his father away. Six weeks later he returned home, severely beaten and smelling foul from not changing clothes or bathing during that whole time. He had been n a concentration camp, where he was tortured and re-

On November 9 10, 1938, in an incident known as "Kristallnacht" - the "Night of Broken Glass" - Nazis in Germany exploded in mob actiong, torching synagogues, vandalizing Jewish homes, schools and businesses and killing close to 100 Jews. Stephen was one of the lucky ones. He was sent to England,

many's "final solution" in 1938-'40. He survived. Millions didn't. The Tribal School was honored to host Holocaust Survivor Ste-

network that helped thousands of Jewish children escape Nazi Ger-

and eventually America through the Kindertransport, an informal

phen Adler and thanks him for sharing his story.

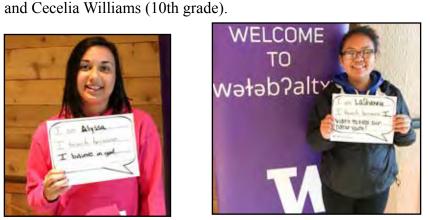
MTS High School Students Participate in the Future Native Teacher Initiative 2016

The 2016 Future Teacher Initiative (FNTI) was housed at the University of Washington campus. The initiative was designed to increase the number of Native American/Alaskan Native teachers in Washington State. This event was a two-day, hands-on "teacher camp" led by teachers and leaders from the Native American/Alaskan Native communities.













MUCKLESHOOT TRIBAL SCHOOL - PARENT SURVEY - 16-17 School Hours

Many Public School Districts are re-evaluating secondary student schedules and choosing to follow the research that says that teenagers would do better in school if their school day starter later. Please complete this survey indicating your preferences for 16-17 school year.

Please circle the grade(s) your child/children are in:

SCHOOL STARTING HOURS:

- 1. Middle School/High School should continue to start at 6:50am _____Yes _____No
- 2. Middle School/High School should start the same as elementary at 8:30am _____ Yes _____No
- 3. IF all students started at 8:30am do you support k-12 sharing same buses _____Yes _____No

SCHOOL EARLY RELEASE/LATE START HOURS:

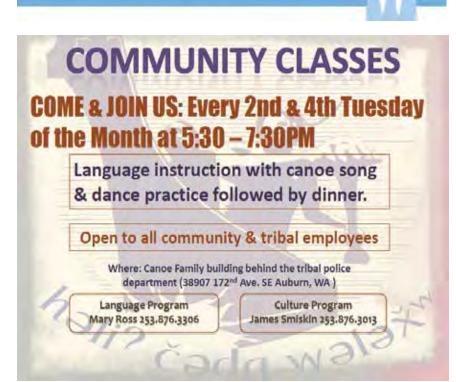
- 1. Currently all students start one hour late on Wednesday's, this should continue ____Yes _____No
- 2. I would support changing from one hour late start Wednesday to 1 hour early release on Wednesday's _____Yes _____No

Additional Comments/Concerns:

Please return to the Muckleshoot Tribal School Main Office or email to kay.turner@muckleshoottribalschool.org

P10 May 15, 2016 TRIBAL SCHOOL MUCKLESHOOT MONTHLY





FREE CHILD FIND SCREENINGS OFFERED BY MUCKLESHOOT SUPPORT SERVICES PROGRAM

The Muckleshoot Support Services Program offers a free check of your child's development in the areas of:

- Large or gross motor skills
- Eye-hand coordination and other fine motor skills
- Communication (language comprehension and ability to express ideas)
- Personal-social skills
- Self-help skills

The purpose of a Child Find Screening is to identify factors that may interfere with your child's learning, growth and development. The screening helps parents identify their child's strengths and weaknesses and can be given activities and suggestions for skill-building.

This screening will usually be fun for your child and can involve blocks, drawing, cutting, counting, jumping and skipping. You will have an opportunity to talk with the screener about your child's development, be given activities for skill building, and possibly referred on for further testing, or to have your child's skills re-checked at a later date. This screening usually only takes about 45 minutes or less.

Eligibility for screening: Any child from 0-5 years, whose family or caregivers would like more information about their child's development. All school districts in Washington have Child Find screenings available. If you want a screening and if your family is living in a temporary situation, you may contact the district where you are staying.

If you have any questions or are interested in having your child participate in the Muckleshoot Support Services Program screening, please contact Marty Laronal at (253) 876-3056, Ext. 3922



MTS High School Students of the Month



From left to right: Mikey Valles, Edna Moses, Nathan Keeline, Raven Stevenson, Darina Louie, Tia Ahshapanek, Albi Vaiese, Mr. Torralba, Corrisa Moses-Barr, Maggie Monaghan. Not pictured Robert Moses.

Tacoma Stars Visit Muckleshoot Tribal School

April 28th and May 5th, 2016, Muckleshoot Tribal School

PHOTOS BY EVAN AVILA









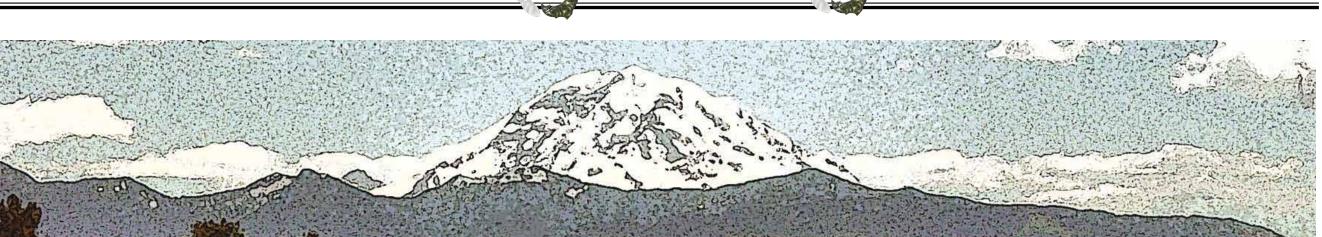












Elementary School Students of the Month for April



Anthony Alestra

My Student of the Month is Anthony Alestra. He is very thoughtful and has made tremendous academic gains, especially in reading. Anthony always has a friendly smile and likes to help others. He comes to school often and always tries to do his best. We appreciate Anthony's good attitude.



Chase Enos

Chase Enos is our Student of the Month! Chase has improved in so many areas and is growing into such a responsible, caring and respectful young man. Chase has shown a lot of leadership by participating in cultural activities at school and by following the school and class rules. He works hard on assignments and is using what he learns from his lacrosse team to stay focused in class and to do his best on all his assignments. With this work ethic Chase has improved his spelling scores and turns in all his homework. I am so proud of you Chase and keep up the good work!



Cortez Elkins Daniels

Cortez Elkins Daniels is our Student of the Month in kindergarten. He has been working so hard on learning his letter names and letter sounds and he knows all 26! He has remained positive when the work was difficult. Cortez is always helpful in the classroom, like pushing in chairs or helping friends. It's wonderful to have him in kindergarten!



Hilary Penfield

Hilary is a ROCKSTAR! I can always count on her to be a positive leader in the classroom and out at recess. Thank you Hilary, for always doing the right thing.



Isabelle Lessard

Isabelle Lessard is Student of the Month for April. She is a role-model for her classmates. Izzy is an awesome participant in class and shares her creative ideas daily. She is a hard-worker and willing to help others when needed.



Jaydelouise Atimalala

JaydeLouise is Ms. Azure's Student of the Month, because she is a good friend to everyone. She loves helping her friends learn how to do their work and shows them how to make good choices. JaydeLouise is also a very good student; she loves to learn new things! GREAT JOB JaydeLouise!!!!



Karley James

Karley James is PE's Student of the Month! She is always polite, helpful, follows directions and asks permission when she needs something. She always participates and has good sportsmanship.



Lashawna Jackson

LaShawna Jackson is Student of the Month for being a great student in every subject.
LaShawna follows teacher directions quickly and is a respectful citizen. She is responsible in completing her school work. She is a kind and caring student who gets along with others. LaShawna is also involved with flute and performing arts.



Ma'leah Brown

Ma'Leah Brown is our Student of the Month! I can count on Ma'Leah to be a good example to others-whether it's doing her classwork, helping others, or transitioning to other areas outside of the classroom, Ma'Leah puts forth 100% effort towards every task at hand! Way to go Ma'Leah and keep up the good



Mario Castillo

Mario Castillo is this month's Student of the Month for Ms. Serroels's class. Mario is a hard worker that continues to push himself. He has good attendance and a positive attitude. He is a good friend to his peers, makes people laugh, and is a respectful individual. He is constantly looking for ways to help out. This is his first year at Muckleshoot Tribal School and he has been a positive addition.



Ryder Vigil

Ryder Vigil is my Student of the Month for Culture class. Ryder is respectful to himself and his peers; he is responsible and comes to school ready to learn. Ryder is friendly and helpful to his peers. I chose Ryder for Cultural Student of the Month because he came and helped make drums twice, he learned how to make a drum from me and was willing to help others with that knowledge, which is what makes him so special. Great job Ryder.



Sanchez Kato Savoy

Sanchez is a true leader and deserves to be rewarded. He is a kind, caring, motivated student. He pushes himself to excel in all things. Great Job Sanchez!



Taevin Jansen

We chose Taevin Jansen because he has excellent attendance and comes to school with a great attitude. He is polite and always willing to help around the class when needed. Taevin turns in his homework weekly and tries very hard to complete his assignments. Way to go, Taevin!!!!



Westin Sam

My Student of the Month for April is Westin Sam. Westin has been really working hard this whole month. He completes his classwork and always tries his best. He loves to volunteer to read aloud to the whole class. He loves figuring out challenging problems in math. Westin gets along well with everyone, and is always smiling. Keep up the great work, Westin!

Annual Elders Luncheon 2016 "Life"

April 27, 2016 – Emerald Downs

PHOTOS BY JOHN LOFTUS











































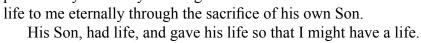






When I think of life and all that comes with it, for each one of us, in many ways, and the various paths we've individually strolled, walked or run. At times we have even stood still. This life is not my own, it cost me a price. I consider my life given to me from my earthly parents.

But my life was purchased by someone greater then my earthly parents. My Heavenly Father gave



So much love for me, and for you. I gave up my life to have peace, love, kindness, mercy and forgiveness. The life I gave up was a mess of brokenness, but the Father Above knew all of my so called life and its messy brokenness. Yet he gave me a way out of that life.

He gave his Son; all I had to do was yield, and I did. I haven't been the same since, nor do I live the same. The Holy Scriptures speak that I am a new person. The person I once was, is gone and I am now made new in the eyes of the Father's Son, Jesus, by what he did for me.

In life and all its challenges, I am never alone, even if no one is near. I will always have my Father, his Son and the Holy Spirit with me. I have guardian angels assigned to me.

Life is good no matter how bad things can get living it. It is an attitude of the heart which reaches the mind; and if the attitude is right, it will refresh and renew your spirit. I challenge you to think about these words I have written. Would you like to become a new and refreshed person? It is simple, just say these few words:

"Jesus come into my heart and forgive me of my sins, I believe you died to set me free, come live in my heart"

I tell you this in truth, you will never be the same if you only believe and receive those few words.

Always in His Love,

Effie Tull

P.S.—Question about this ... Ask. It is That Simple.

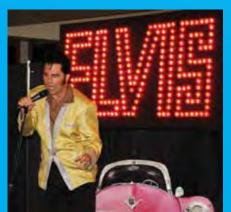
Happy Birthday

Barry Anderson Sr.	5/18/16	Penelope Miller	5/18/16
Rosemary Anderson	5/13/16	Beverly Moses	5/16/16
George Barr II	5/12/16	Ruolph Moses	5/15/16
Nathan Barr Sr	5/31/16	Frederick Nelson	5/8/16
Cindy Brown	5/25/16	Kristine Osoteo	5/27/16
Catherine Calvert	5/18/16	Fred Patterson Jr	5/28/16
Sharon Curley	5/17/16	Daulene Pinkerton	5/2/16
Rose D'Ambrosio	5/11/16	Amilia Rivera	5/21/16
Mary Daniels	5/21/16	Mardee Rodrigues	5/25/16
Isabelle Gleason	5/19/16	Francine Ross	5/20/16
Bonnie Graft	5/6/16	Luella Sandoval	5/12/16
Lorena Harnden	5/9/16	Marvin Starr Sr.	5/25/16
David Hennes	5/1/16	Dena Starr	5/24/16
Elizabeth James	5/2/16	Isaac Jack	5/16/16
Laura John	5/10/16	Martin Starr	5/30/16
Frances Johnson	5/28/16	Pearl Starr	5/6/16
Yvonne Johnson	5/5/16	Benjamin WhiteEagle	5/11/16
Boyd Jones	5/12/16	EllaMae WhiteEagle	5/16/16
Wesley LaClair	5/5/16	Ray Williams	5/15/16
Kerri Marquez	5/3/16	Julie Wilson	5/7/16
Dawn Miller	5/30/16	Ivy Yanish	5/22/16









May 15, 2016 MUCKLESHOOT MONTHLY

ADMINISTRATIVE APPRECIATION CELEBRATION

April 27, 2016, Le May Car Museum-Banquet Room

PHOTOS BY EVAN AVILA































Vashon Clam Digging Open & Oyster Permits Available

The Muckleshoot Fisheries Division is pleased to announce that the Tribe's Vashon Island tidelands are OPEN for Clam Digging and Oyster Harvest Permits are now available at the Fisheries Office.

Fisheries staff routinely samples the clams and oysters at the tidelands and analysis by the Washington State Department of Health has shown that the level of the toxin that causes paralytic shellfish poisoning – also known as red tide – is within acceptable limits, allowing harvest of all bivalve species at the beach. Check the Fisheries hotline (1-800-FISH-NOW) to get the latest update.

To harvest oysters, Tribal members – 18 years or older – must first obtain an Oyster Harvest Permit from the Fisheries Office in the Philip Starr Building. Each permit allows the subsistence harvest of 60 oysters on three separate occasions – no commercial harvest is allowed. After using the Oyster Permit for three days of harvest, the permit holder must return it to the Fisheries office for another permit to be issued – so please make sure to return all old Oyster Permits even if you didn't harvest any oysters. This allows MIT Fisheries to monitor and keep an up-to-date inventory of the oyster resource at the tidelands.

For individuals who cannot walk the 1/4-mile trail down to the Tribe's beach, special oyster requests from Tribal Elders and disabled Tribal members can be made at the Fisheries office.

The natural populations of butter clams, little-neck steamers, cockles, and horse clams at the tidelands are in good condition, see the accompanying harvest information or contact Andy Dalton (253-876-3131) about harvesting opportunities. Please remember to always check the hotline (1-800-FISH-NOW) in the morning before going clam digging.

Things You Should Know About Clam Digging

- 1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.
- 2. Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.
- 3. Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.
- 4. The Vashon tidelands are rocky and digging clams is more difficult than at sandy or gravel beaches. A clam shovel works well and some folks use a garden fork, but small clam rakes do not work very well.



CLAM DIGGING TIDES - VASHON ISLAND

May - June 2016

Day	Date	Time to Dig	Low Tide level & time
Saturday	May 21st	10:15 am - 1:00 pm	-0.8 ft @ 11:34 am
Sunday	May 22nd	10:30 am - 1:45 pm	-1.2 ft @ 12:06 pm
Monday	May 23rd	11:00 am - 2:20 pm	-1.4 ft @ 12:40 pm
Tuesday	May 24th	11:30 am - 3:00 pm	-1.5 ft @ 1:18 pm
Wednesday	May 25th	12:15 pm - 3:30 pm	-1.4 ft @ 1:58 pm
Thursday	May 26th	1:00 pm - 4:00 pm	-1.0 ft @ 2:41 pm
Friday	June 3rd	8:30 am - 12:00 pm	-1.9 ft @ 10:13 am
Saturday	June 4th	9:00 am - 1:00 pm	-2.8 ft @ 10:57 am
Sunday	June 5th	9:30 am - 2:00 pm	-3.2 ft @ 11:42 am
Monday	June 6th	10:30 am - 2:00 pm	-3.2 ft @ 12:27 pm
Tuesday	June 7th	11:30 am - 3:00 pm	-2.8 ft @ 1:12 pm
Wednesday	June 8th	12:00 pm - 3:30 pm	-2.0 ft @ 1:58 pm
Thursday	June 9th	1:30 pm – 4:00 pm	-1.0 ft @ 2:45 pm
Saturday	June 18th	9:00 am – 12:00 pm	-0.8 ft @ 10:34 am
Sunday	June 19th	9:30 am - 12:30 pm	-1.3 ft @ 11:06 am
Monday	June 20th	10:00 am - 1:00 pm	-1.7 ft @ 11:41 am
Tuesday	June 21st	10:30 am - 2:00 pm	-1.9 ft @ 12:17 pm
Wednesday	June 22nd	11:00 am - 3:00 pm	-1.9 ft @ 12:56 pm
Thursday	June 23rd	12:00 pm - 3:00 pm	-1.7 ft @ 1:37 pm
Friday	June 24th	1:00 pm - 3:30 pm	-1.2 ft @ 2:20 pm

- 5. If you want to go to the property by personal boat, the Fisheries Divi sion will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.
- 6. The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.
- 7. Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from Fauntleroy (West Seattle) to Vashon.
- 8. Fisheries staff will also be organizing clam-digging trips to Vashon Island for Tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you are inter-
- 9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.
- 10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are
- 9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.
- 10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are available from the Fisheries office.

Directions to get to the Tribe's Clam Beach on Vashon Island

GPS Navigation systems use: 13070 Vashon Highway SW, Vashon, WA 98070

Via the Fauntleroy/West Seattle to Vashon Ferry

Take I-5 north towards Seattle, take the West Seattle Bridge exit.

Go west on the bridge to West Seattle - follow the main road through three sets of lights and at the fourth light bear left onto Fauntleroy Ave. Follow the signs straight to the Fauntleroy/Vashon ferry dock. Get tickets for the Vashon ferry, not the Southworth ferry.

On Vashon Island, follow the main road (Vashon Highway) up the hill (south) about 1.8 miles from the ferry dock.

The Tribe's property driveway is on the LEFT side of the road and is marked with a "Muckleshoot Indian Tribe" sign. The driveway is a dirt road and there is a locked gate about 100 yards down the driveway. Call Fisheries (253-876-3131) for the combination. The combination is _____.

After the gate, follow the driveway all the way down to the small parking lot next to a small shed – just past the portable toilet. The trail to the beach is marked with a sign: "Beach Trail".

Via the Pt Defiance to Tahlequah (Vashon) Ferry

Take Hwy 18 to I-5 south towards Tacoma, then take exit #133 for I-705/WA-7 S towards 'City Center'.

Take Schuster Parkway (I-705) until it joins Ruston Way, continue along the water front, through two traffic circles, and joining N 51st St.

Turn right onto N. Pearl St. and a slight right into the ferry booth lanes.

On Vashon Island from the ferry dock, turn left and follow the main road (Vashon Highway) up the hill and all the way through Vashon Town (north) about 12 miles from the ferry dock.

The Tribe's property driveway is on the RIGHT side of the road and is marked with a "Muckleshoot Indian Tribe" sign. The driveway is a dirt road and there is a locked gate about 100 yards down the driveway. Call Fisheries (253-876-3131) for the combination. The combination is ___

After the gate, follow the driveway all the way down to the small parking lot next to a small shed – just past the portable toilet. The trail to the beach is marked with a sign: "Beach Trail".

RELIGION













Philip, Isaiah and Selena were baptized on Easter.

Grace and John Ndungu visited us from Kenya and spoke in a Sunday morning service.

There's 4 events coming to the church this year.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M. **EVERY SUNDAY** IN THE COUGAR ROOM **ALL INVITED**

Muckleshoot Pentecostal Church Kenny Williams, Pastor

SCHEDULE

11:00 AM Church Service Sunday 12:00 Noon Prayer Tuesday Meeting 6:30 PM Bible Study Wednesday

12:00 Noon Thursday Support Group Meeting Thursday 7:00 PM Spanish (language) Church

7:00 PM Friday Prayer Meeting 3rd Saturday 10:00 AM Prayer Meeting



Save the Date 2016 The Pentecostal Church



Healing Conference

May 14 -7PM

May 15 -

11AM & 7PM



CAMP MEETING July 8-10-7PM Saturday day concert -Sunday 11AM

Please come join us for MASS & Catechism At the Muckleshoot Catholic church

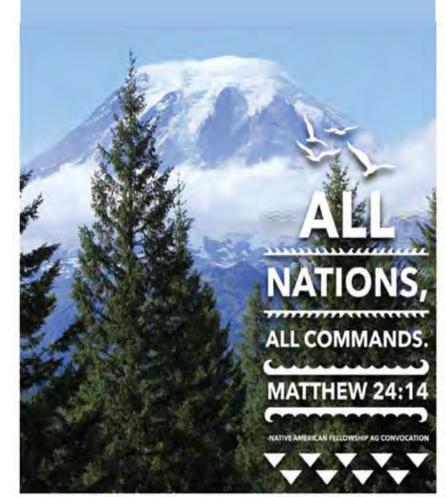


Catechism starts at 3:00pm Mass starts at 5:00pm As always, enjoy a nice dinner with us and Father Pat Twohy after Mass

For more info. Please contact me at Tara.Vasquez@muckleshoot.nsn.us Or by phone at (253)347-6937

Big event coming to the Pentecostal Church. All natives are invited.

Please register for the event.



The Pentecostal Church of Muckleshoot 39731 Auburn Enumclaw Rd SE Auburn, WA 98092

Please email or call to register: Pastor Cheri Sampson

Registration cost: Prior to May 1, 2016 Single \$40.00 Couple \$60.00 After May 1, 2016 Single \$50.00 Couple \$70.00 (We can process Visa, MasterCard & American Express via Paypal)

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister Sandy Heddrick, Assistant Minister Carl "Bud" Moses, 1st Elder Lee Stafford, 2nd Elder Gerald Moses Sr., 3rd Elder Teri Starr, Secretary/Treasurer Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church

Rev. Kenny Williams, Pastor

Sweat Lodge

Doug Moses, 425-301-60811



Tacoma Kateri Circle of St. Leo Church 710 South 13th Street – Tacoma 98405 Catholic (Native) Mass with Father Patrick J. Twohy 1:30 pm every Sunday Circle meetings 2nd and 4th Sunday Potluck every 3rd Sunday www.katericircle.com Facebook: Tacoma Kateri Circle

MUCKLESHOOT MONTHLY
May 15, 2016 P15

Native American Political Leadership Program

Full scholarship opportunity for Native American students

The Native American Political Leadership Program (NAPLP) is a full scholarship program designed to give Native American, Alaska Native, and Native Hawaiian undergraduate and graduate students an educational opportunity at George Washington University in Washington, D.C. The program, which receives contributions from AT&T and the AT&T Foundation, awards scholarships based on academic ability, leadership potential and an interest in politics. Native American undergraduate students are eligible and encouraged to apply and can receive assistance in the application process.

What does the NAPLP scholarship cover?

- Tuition and fees for the two core classes, plus an optional third course (up to 9 credit hours total)
- Housing in a George Washington dormitory
- A small stipend for books and living expenses, paid in two installments
- Airfare to and from Washington, D.C. (one round-trip ticket)

AT&T Foundation and the NAPLP

Since 2005, AT&T and the AT&T Foundation have contributed more than \$2.1 million to George Washington University's Native American Political Leadership Program.

Application deadlines

Application dedutines

Application are accepted on a rolling basis. Students should apply to the program as early as possible to ensure maximum opportunities for internships in the Washington D.C. area. Some of the organizations that participate in the internship program include, but are not limited to, the National Congress of American Indians, the National Indian Education Association, the Bureau of Indian Affairs, the National Indian Health Board and the White House Initiative on American Indian & Alaska Native Educators.



Spring 2017 Semester:

Program Dates: January 17 – May 5, 2017

Priority Deadline: October 1, 2016
Final Deadline: November 1, 2016

Program information and application

http://semesterinwashington.gwu.edu/naplp Bob Bass rb3794@att.com 425-580-5836

AT&T Inc. is committed to advancing education, strengthening communities and improving lives. Through its community initiatives, AT&T has a long history of investing in projects that create learning opportunities; promote academic and economic achievement; or address community needs. AT&T Aspire is AT&T's signature philanthropic initiative that drives innovation in education by bringing diverse resources to bear on the issue including funding, technology, employee volunteerism, and mentoring. Through Aspire, we've passed the \$250 million mark on our plan to invest \$350 million in education from 2008-2017.

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Plan ahead and be an informed voter!

King County Elections 2016 Voter's Calendar

February Special Election (Check the website for participating jurisdictions.)

January 11 Deadline to register online, mail in a voter registration form, or update registration info

January 20 Ballots and voters' pamphlets mailed - Watch your mailboxl
January 20 Accessible voting center at King County Elections opens
February 1 Deadline for new Washington voters to register in person

February 9 Election Day - Ballots must be postmarked by today or returned to a ballot drop box by 8 p.m.

This is the last day the accessible voting center is open

April Special Election (Check the website for participating jurisdictions.)

March 28 Deadline to register online, mail in a voter registration form, or update registration info

April 6 Ballots and voters' pamphlets mailed - Watch your mailboxl
April 6 Accessible voting center at King County Elections opens

April 18 Deadline for new Washington voters to register in person

Election Day - Ballots must be postmarked by today or returned to a ballot drop box by 8 p.m.

This is the last day the accessible voting center is open

May Presidential Primary Election

April 25 Deadline to register online, mail in a voter registration form, or update registration info

May 4 Ballots and voters' pamphlets mailed - Watch your mailbox!

May 4 Accessible voting center at King County Elections opens

May 16 Deadline for new Washington voters to register in person

May 24 Election Day - Ballots must be postmarked by today or returned to a ballot drop box by 8 p.m.

This is the last day the accessible voting center is open

Primary Election

April 26

July 4 Deadline to register online, mail in a voter registration form, or update registration info

July 13 Ballots and voters' pamphlets mailed - Watch your mailbox!

July 13 Accessible voting center at King County Elections opens

July 25 Deadline for new Washington voters to register in person

August 2 Election Day - Ballots must be postmarked by today or returned to a ballot drop box by 8 p.m.

This is the last day accessible voting centers are open

General Election

October 10 Deadline to register online, mail in a voter registration form, or update registration info

October 19 Ballots and voters' pamphlets mailed - Watch your mailbox!

October 19 Accessible voting center at King County Elections opens

October 31 Deadline for new Washington voters to register in person

November 8 Election Day - Ballots must be postmarked by today or returned to a ballot drop box by 8 p.m.

This is the last day accessible voting centers are open



King County Elections: 919 SW Grady Way, Renton, 98057 206-296-VOTE (8683), TTY Relay: 711

www.kingcounty.gov/elections | Email: elections@kingcounty.gov |
Alternate formats available upon request

Calling all 2016-2017 Skopabsh Royalty Contestants

This notice is intended for anyone interested in learning more about running for this year's Skopabsh Pow-Wow Royalty. Powwow dates are: August 19-21, 2016.

What are requirements, expectations, and characteristics of Skopabsh Royalty? Royalty members are young role-models for our community; they display commitment to academics, cultural traditions, and a healthy lifestyle. They are confident, reliable, and respectful. They should also be of Muckleshoot decency and their parent or guardian must be a tribal member or work for the Muckleshoot Indian Tribe.

Royalty responsibilities include but are not limited to:

Representing self and our community in a respectful manner in any situation. Participation in as many cultural and public events as possible, I.e. Pow-Wows and

Community/ local events such as Tribal dinners, City parades, etc.

Contestants will be judged in the following areas:

-Public speaking – Dancing - Ticket sales

Categories include: Miss Skopabsh (13-18), Jr. Miss Skopabsh (7-12), Lil' Miss Skopabsh (6.8r under), Warrior (12-18), and Lil Warrior (11-8r under)

(6 & under), Warrior (12-18), and Lil Warrior (11 & under)
Tickets can be obtained from Wendy Lloyd

She may be reached by phone at (253) 804-8752 ext 3211 or By E-mail at

*Only a limited number of tickets will be distributed at a time, funds will need to be submitted before additional tickets are issued.

wendy.lloyd@Muckleshoot-Health.com

The Deadline for All ticket stubs, remaining tickets, and money, to be turned in to Wendy, is **Sunday, August 21st at noon, Muckleshoot Powwow grounds**Hope to see you at the PowWow and Good Luck!







Is this normal? Why is this embarrassing happening? to ask. Is what I heard really true?

- Do you have a burning question that you would like answered?
- · Text in your question to 253-237-7052 and check our HWC Facebook page facebook.com/ muckleshoot.hwc on Thursdays to see if your question was answered.
- If you are having a medical emergency call 911.
- If you are having a crisis between 8 am 6 pm call HWC. Family & Youth Services at 253-333-3605.
- If you are having a crisis after hours call the 24-hour crisis line at 1-866-427-4747.

Please Welcome Our New Dietitian, Kaleigh!!

Hi, my name is Kaleigh Krantz and I am the new Registered Dietitian at the Muckleshoot Health and Wellness Center.

I was born in Washington but started my career as a dietitian in Montana. Although I love the simplicity and beauty of Montana, I can't tell you how glad I am to be back in my home state with the opportunity to work at the Muckleshoot Health and Wellness Center. I'm looking forward to working alongside so many great people and learning more about the Muckleshoot Indian Tribe and culture.

In my spare time I love to hike with my dog, fish, camp, garden, spend time with family, cook and eat delicious food. I like to tell people that I became a dietitian because I love to eat, not because I'm afraid to, and if I had to sum up my approach to nutrition in one word it would be balance. I believe food is a pleasurable thing and that's something I would never want to take away from my patients.

I try to find ways to create healthy but reasonable adjustments to current lifestyles in anticipation of wellness lasting a lifetime, not just a few months. Making healthy lifestyle changes is not an easy thing to do but the benefits are undeniable, and the feeling of good health is truly priceless! If you have any questions about



food or nutrition – please call the medical receptionist at 253-939-6648. Hope to see you around!

In Good Health, Kaleigh Krantz, RD

Wa. Health

Plan Finder Open Enrollment

Open Enrollment is available now!

→ Survivors of domestic violence (DV) can now apply for and





Muckleshoot Behavioral



Exchange used syringes for clean syringes Receive safe injection supplies Receive overdose prevention education and Narcan Receive tips on how to inject drugs safely

This is a non-judgmental service for Injection Drug Users. The purpose of the Needle Exchange is to get used drug injection equipment off of the streets and to keep our community safe!

Mobile unit every Friday from 2 to 4pm Starting February 26th, 2016 Location: Outside of Cedar Village in the old smoke shop parking lot in the HWC Outreach Van Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

Miss Happy Tooth

You could win a \$50 Gift Card over age 13 \$25 Gift Card under age 12 if you are not late and go to all your scheduled dental appointment(s) for that month.

There will be two drawings on the last Thursday of the month for all patients that were on time and went to all their appointment(s). For May, June, July, Sept, Oct, Nov and Dec 2016

Remember to call 24 hours in advance if you cannot keep your appointment, so someone else can use your spot. Dental Clinic (253) 939-2131

Al-Anon Meeting

Adult Recovery House Multi-Purpose Room 39225 180th Ave SE Auburn WA 98092 Every Thursday from 12:00 to 1:00

Are you affected by someone who is drinking or drugging? Are they always borrowing money; never paying it back? Making excuses, lying or manipulating you? Do you want to break the cycle? Join us for an opportunity to hear and share Experience, Strength and Hope.



If you have any questions please call CeCe Freeman at Muckleshoot Behavioral Health 253.804.8752



"STAY STRONG, LIVE LONG"

RAFFLE DRAWING!

2- "DRAKE" concert

tickets, floor level

(Must be 13-18 yrs. old to be eligible)

2- Great Wolf Lodge

gift cards for a family of 5

for 1 nights lodging

(Must be 18 yrs, and older

to be eligible)

Must be present to

WIN!

Thursday, June 23, 2016 MIT Health & Wellness **Center Gymnasium**

1:00 p.m.

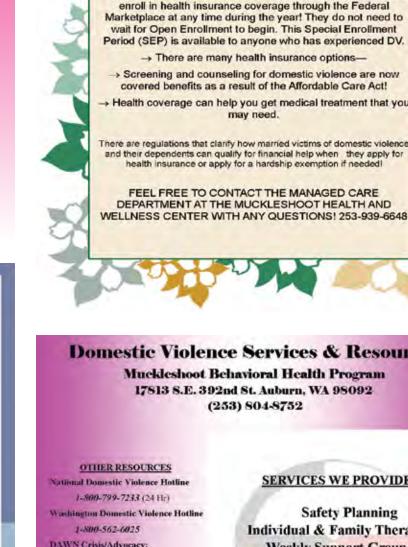
- **Education Booths:** Diet & Nutrition
- **Health Screenings**
- Dental
- Smoking Cessation
- **Problem Gambling**
- & more
- Free Event T-Shirts Refreshments

For more information, please contact 253.939.6648.

Sponsored by:







Domestic Violence Services & Resources **Muckleshoot Behavioral Health Program**

17813 S.E. 392nd St. Auburn, WA 98092 (253) 804-8752

DAWN Crisis/Advocacy:

425-656-7867 (24 Hz) King County Sexual Assault Center 1-888-998-6423 (24 Hr)

1-866-127-1747 (24 Hr) eattle Indian Health Board 200-324-9360

SERVICES WE PROVIDE

Safety Planning Individual & Family Therapy Weekly Support Group **Emergency Housing Assistance Obtaining Protection Orders** Court Advocacy & Transportation Legal Referrals Individualized Resources **Emergency Supplies** Help Navigating Legal & Social Systems

These services are available to all victims of domestic lence or sexual assault, men and women, any age

Contact Behavioral Health if you or a loved one are affected by domestic violence, and we will assist you in getting help and support. Please don't wait, get help today!

Men's Health Week June 13th-17th

Save the Dates: June 14th Father/Son BBQ 5:30-7:30

June 16th Healing Dinner 5:30-7:30

SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?

There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections: These are just a few of the conditions they can help you with. They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend, CHS does consider this as an emergency room visit.

You must call CHS office for PO numbers within 72 hours/3 days of being seen.

CHS OFFICE - 253-939-6648

If you are too sick to call, a family member or friend can call for you.

SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME

MULTICARE URGENT CARE - AUBURN

202 Cross Street SE | Phone: 253-876-8111 Hours: Monday - Friday, 8:00am - 7:30pm Saturday & Sunday, 8:00am - 3:30pm

MULTICARE URGENT CARE - KENT

222 State Ave N | Phone: 253-372-7788 Hours: Monday – Friday, 9:00am – 8:30pm Saturday & Sunday, 9:00am - 4:30pm

MULTICARE URGENT CARE - COVINGTON

17700 SE 272nd St @ Wax Road | Phone: 253-372-7020 Hours: Monday - Friday, 8:00am - 7:30pm Saturday & Sunday, 8:00am – 5:30pm

VALLEY MEDICAL CENTER - COVINGTON

27500 168th Place SE | Phone: 253-395-2006 Hours: Monday - Friday, 8:00am - 8:00pm Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MI URGENT CARE NOTICE

HOUSING/SHELTER RESOURCES

Catholic Community Services - Home & Arise

Men's Shelters

Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032

Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.

Renton In-take (walk-in only): Tu & Th, 1-3pm.

Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission - Hope Place Shelter for Single Women, Women with children

Phone contact: (206) 628-2008

Location: 3802 S Othello St. Seattle 98118

Provides shelter for women, with or without children, Includes mandatory spiritual activities. No fees, CALL for screening, M-F 8:30-9am,

Catholic Community Services Single Men & Women's Shelter

Phone contact: (253) 572-0131

Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402

Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and

Multi-Service Center

Family Shelter (Moms, Dads, & Kids)

Phone contact: (253) 854-3437 Ext; 104 Location: 515 W Harrison St, Kent, WA, 98032

Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+.All families may apply. LEAVE A MSG. AT LEAST TWICE

PER WEEK until call is returned.

Auburn Youth Resources Youth Shelter

Phone contact: (253) 833-5666

Location: 816 F Street Southeast, Auburn, WA 98002

Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA - South King County

Family Shelter (Moms, Dads, & Kids) Phone contact: (425) 255-1201

Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.

Call for availability. Leave a message DAILY, until call is returned.24-hour voicemail

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills

if you got a PO number. The CHS office can't pay a bill if we don't have it.

Thank you CHS Team (253) 939=6648



Get To Know Our Wellness People...

Lea Belgarde, Medical Receptionist

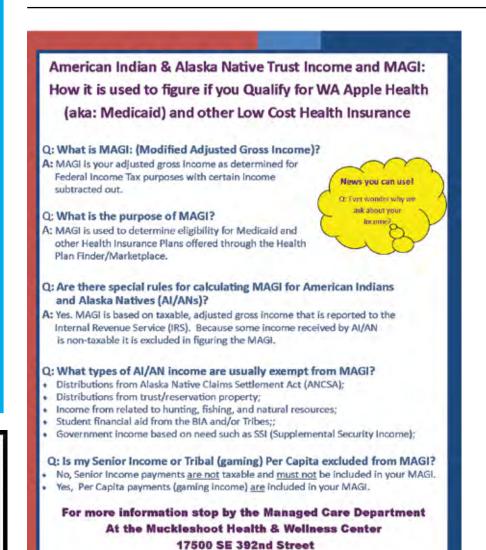
My name is Lea Belgarde and I'm the Medical Receptionist at the MIT Health and Wellness Center. I have been working with the Muckleshoot Tribe for six months now, coming from UW Medicine. I'm a Chippewa-Cree Native American from the Rocky Boy Reservation in Montana. In 2006 I moved from Cougar territory (Spokane) to Husky territory and I have been loving it here ever

I'm a very proud and busy parent of 2 boys and 1 girl; Dezmen age 9, Marquise age 7, and Amiyah 18 months. I love cheering on my Seahawks, both big and small. My boys play Little League Tackle Football for The Seattle Junior Seahawks so during football season I am one busy

My first concert that I've been to was to see N'Sync. On my free time I enjoy spending time with my family, going to the movies, and comedy shows. My favorite kinds of movies are the Marvel Movies.



I'm grateful for the opportunity to work with the Muckleshoot Tribe and feel blessed to have had open arms to welcome me.



Auburn, WA 98092

MIT HWC Stop & Shop New Service !!!

New Stop & Shop service:

To & from Enumciaw Safeway & Auburn Walmart Every Tues & Thurs round trips to each of these stores Starts at noon until 9:00 p.m. The last pick up run is at approx. 5:10 pm. Pick up is at the usual bus stops.



NOTICE:

The Feathered Healing Circle will begin meeting on Thursdays at 5:00 PM -Cynthia Lozier

P18 May 15, 2016 HEALTH & WELLNESS MUCKLESHOOT MONTHLY

Nikki's Diabetes Corner

By Nikki Grimwood RN, Diabetes Nurse at HWC

Continuous Glucose Monitoring (CGM) for Diabetes Care Have you ever wondered what your blood sugar is when you are sleeping? Or, if I eat this piece of cake what will happen to my blood sugar?

Is my medicine enough to control my blood sugar?
These are all questions that can be answered through the use of CGM's (Continuous Glucose Monitors) at Muckleshoot Health & Wellness Center.



CGM's give a continuous reading of blood sugar levels in tissue fluid over a period of 7 days.

A tiny sensor is inserted under the skin, transmitting information about blood sugar levels to the CGM, and a record is kept every five minutes for your doctor to see.



The device can capture dangerously low overnight blood sugar levels which often go undetected, reveal high blood sugar levels between meals, show early morning spikes in blood sugar, and evaluate how diet and exercise affect blood sugar.

Healthcare professionals at Muckleshoot are able to download information from the monitor into the computer to view data and become more involved in adjusting diabetes therapies to improve care for the client.

Clients must still check blood sugars four times a day to make sure sensors readings are similar to finger stick glucose check. It does not replace finger sticks!

A food/medication/activity log is to be kept for the 7 days. We include these as part of your final results.

The CGM does not display blood sugar results; rather the monitor stores the data from the sensor, hence the reason for having to check blood sugars.

What's the upside?

- It is small, unnoticed, and painless.
- You may resume normal daily activities; shower or swim with CGM in place, and normal routine exercise.
- End results are beneficial to the client
- Your doctor will see clearly what your blood sugars are doing continually, 24 hours per day, to help with new treatment
- A1c improvements after a treatment plan are initiated.

If you have diabetes and are interested in use of Continuous Glucose Monitoring, Please contact Muckleshoot Diabetes Program and ask for Nikki or Emilie at 253-939-6648.

MUCKLESHOOT CARES ABOUT OUR YOUTH



partners should... VALUE each other's individuality • have EQUAL say in the relationship • RESPECT each other's boundaries • feel SAFE being open and honest • be able to SHARE feelings without negative consequences

WHAT?

- No one deserves to be abused and abuse is never the victims' fault.
- 1 in 3 young people will be in an abusive or unhealthy relationship
- Violent behavior often begins between 6th and 12th grade. 72% of 13 and 14-year-olds are "dating."
- 50% of young people who experience rape or physical or sexual abuse will attempt to commit suicide.
- Dating violence can affect anyone, regardless of age, gender, ethnicity, sexual orientation, or income.

WHO TO CONTACT?

Christine Mandry & Mathilda Dunn from the Behavioral Health Program (253) 333-3605

A healthy relationship has open and honest communication and an even playing field in which partners share control over decisions.

If you would like to speak with someone about dating violence, please contact:

Mathilda or Christine @ (253) 333-3605 or the National Domestic Violence Hotline @ 1-866-331-9474

Love is Respect can help you identify healthy relationships www.loveisrespect.org

Muckleshoot Behavioral Health Family and Youth Services

17500 SE 392nd Street, Auburn 98092 Phone: (253) 333-3605

Health & Wellness Center Program Hours

	Pnarmac	У	wellness Center	*Snuttle Service
Monday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Wednesday	9-5 pm	9-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Saturday			10 am-2 pm	10-2 pm
Sunday			All Programs Closed	

*There is no Shuttle/Bus service from 11-12 pm M-F.

<u>Program Name</u>	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health	(253) 804-8752	Open
(Mental Health & Chemical I	Dep)	
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures May 2016

Day	Date	Times Closed	Reason for Closure
Mon	May 30th	All Day	Memorial Day

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development-including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
 Personal-social skills, self help skills
- Personal-social
 academic skills

What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376th St Auburn WA 98092 253-931-6709 Ext 3700 Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376th St Auburn, WA 98092 253-876-3056 Ext 3922



Muckleshoot Health

Diabetes Classes 2016

Diabetes whether

vou've had educa-

tion or not. Pro-

Education Classes starting February 2016.

Scheduled Topics

February Heart disease

March

Kidney disease April

Medications

Foot, eye, dental

October Immunizations

September

Physical activity

Where: Health and Wellness Center-

Mountain Room. Time: 10am-11am

3pm-4pm Contact Nikki, RN or Emilie Price, CHR. 1-253-939-6648

It's a new year and that come with many new life choices, let this year be all about you! We are kicking off the

Diabetes Education Classes to start in February 2016. Come learn more about Diabetes care and ways to prevent it while earning points towards

living healthy Start out by learning the difference between medications and how to handle low to high blood sugars. Also, to

vide essential tools for healthier eating; carbohydrate counting and label reading. Lastly, knowing the

steps you can take to reduce your risk of developing eye, feet heart, kidney, and nerve complications. Come to class to learn

more about how to best care for yourself with diabetes from head to assist getting you back on track and refresh

Earn your points throughout the year!!

Ways to earn Incentive -Get in for individual

-Attend monthly educa-

tion classes -Complete all yearly lab work and appointments with your doctor

teaching with Diabetes Nurse and Nutritionist

-Being more active -Take medications daily -Healthy eating

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community.

It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal.

It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange

Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking

lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any guestions regarding Needle Exchange services at 253-804-8752



Is your Narcan Kit Expired?

Please Check the Expiration Date on your Narcan Kits!!!!

If expired please come get a new one at: MIT Behavioral Health 253-804-8752

MIT Pharmacy 253-333-3618

Expiration Date is

Located on the

If you have questions or you are concerned please feel free to call

Megan Gifford at 253-804-8752

WHAT ARE THE SIGNS OF **HEROIN USE?**

Definitive signs of heroin use include:

- Needles or syringes not used for other medical purposes
- Burned silver spoons
- Aluminum foil or gum wrappers with burn marks
- Missing shoelaces (used as a tie off for injection sites) Straws with burn marks
- Small plastic bags, with white powdery residue
- Water pipes or other pipe

Behavioral noticeable with heroin

addiction include:

- Lying or other deceptive behavior
- Avoiding eye contact, or distant field of vision
- Substantial increases in time spent sleeping Increase in slurred, garbled or incoherent speech
- Sudden worsening of performance in school or work, including expulsion or loss of jobs
- Decreasing attention to hygiene and physical appearance
- Loss of motivation and apathy toward future goals
- Withdrawal from friends and family, instead spending time with new friends with no natural tie
- Lack of interest in hobbies and favorite activities
- Repeatedly stealing or borrowing money from loved ones, or unexplained absence of valuables
- Hostile behaviors toward loved ones, including blaming them for withdrawal or broken commitments
- Regular comments indicating a decline in self esteem or worsening body im-
- Wearing long pants or long sleeves to hide needle marks, even in very warm

Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin used. With growing tolerance, more definitive physical symptoms of heroin use and addiction emerge:

- Weight loss-they may wear big clothes to hide their weight loss...
- Runny nose (not explained by other illness or medical condition)
- Needle track marks visible on arms
- Infections or abscesses at injection site
- For women, loss of menstrual cycle (amenorrhea) Cuts, bruises or scabs from skin picking

For effective Heroin Treatment Solutions Call Us We Have the Answers Muckleshoot Behavioral Health 253-804-8752 Ask to talk to a counselor

Teen Resources

Muckleshoot Health & Wellness Center

Mon/Tue/Thu/Fri 8 - 5 pm Wednesdays 9 - 5 pm

253-939-6648

Closed for lunch 12 - 1pm Daily Medical Walk Ins 9 - 11:30 am & 1 - 4 pm

Auburn Public Health Center

901 Auburn Way North Auburn, WA 98002 253-477-0600

Teen Clinic - Walk Ins Tuesdays 12:30 - 4 pm

Planned Parenthood

1105 South 348th Street #B103 Federal Way, WA 98003 800-769-0045

Mon 9 - 5 pm | Tue & Fri 8 - 4 pm | Wed 11 - 7 pm Thu 8:30 - 4:30 pm

Open at 10 am on the third Friday of each month. Walk-in and scheduled appointments available Low cost services

tlelpful and informative websites:

For weekly health tips, contests and life advice text NATIVE to

www.wernative.org www.staying-alive.org www.866teenlink.org

www.iwannaknow.org www.teenadvice.org

Teen Crisis Hotline - 866-427-4747



Muckleshoot Wellness Center presents



All Wellness members ages 15.5 years old or older, minimum

4 students in the class and maximum of 10.

When: Class starts Wednesday,

June 1, 2016 at 4 pm through June 14th. Where: Wellness Center Pool

What: Shallow water lifeguarding class. Must pass swim test and attend all classes and pass all tests by 80 %. Class will be held Monday through Friday from 4 pm to 7 pm.

For more information please contact Al Frank at 253-333-3616 or email Alfred.frank@Muckleshoot-health.com.

Clean and Sober Housing at Muckleshoot: the Lily and Red Cedar Houses

The concept is simple. After receiving treatment for drug and/or alcohol problems, men and women in this community need a stable living environment that supports their recovery. Initially, this is provided by the men's and women's Recovery House, but what about after that?

The Lily House

This is a residence for women and women with children. Currently there are 11 residents; 5 women and 6 children. This is adult recovery Oxford-style living where residents come in with a level of stability (requires 30 days clean and sober to enter). Most are actively involved at Muckleshoot Behavioral Health and attend weekly 12-step meetings, Al-Anon meetings and/or church. Of course, this home is drug and alcohol-free. About 75% of the women living at the Lily House are employed. There is a reduced rent of \$200 per month. Residents may stay at the Lily House for up to one year.

The Red Cedar House

This is our new sober living home for men opening in the very near future. It has the same requirements and structure as the Lily House, but is for men. Children cannot stay at the Red Cedar House.

Both of these homes provide for a clean, sober, safe and supportive environment for men and women in recovery who are on the way to getting their lives back. These facilities provide an opportunity to bridge early recovery to the point of "flying solo" with stability and confidence. Kevin Markham is the Residential Services Administrator for both homes. If you have questions or interest in either facility, please feel free to call him at (253) 333-8230.



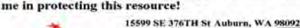
safe and comfortable environment.

Could you provide nurturing and fun learning experiences for a neighbor, friend, or family member's child/ren.

We are seeking individuals that can offer - flexible or set days & hours for children between the ages of 0 through 12 years of age.

Give the Muckleshoot Indian Tribe's CCDF Program a call and see how you could get paid for providing childcare services. Call: Linda Eyle @ 253-876-3016, come by the MECE Building or, send

me an Email: linda.eyle@muckleshoot.nsn.us. Our children are our most precious resource. Parents shouldn't have to struggle to provide quality, affordable care when working, attending schooling, or training opportunities. Please partner with









· Parking · Housekeeping ·

Plus we are looking for extra team members for just our busiest and most popular days. A great way to earn extra cash!

2016 SEASON APRIL 9 - SEPTEMBER 11

For a complete list of available positions go to emeralddowns.com 253.288.7000









Bee Happy

What un-enrolled clan of females works from sun-up to sundown to keep food on the tables of enrolled Muckleshoot?

Clue #1: they are highly organized and females do all the work. Clue # 2: they are part of a billion dollar industry assuring that all Americans also have fruits, vegetables and flowers.



Give up? The fancy name for them is Apis Mellifera, but you may know them by their more common name: Honeybees.

This writer and MIT Photographer, Evan Avila, recently visited the Sunny Bee Honey Farm located just north of the MIT Community Garden. There, the owner and beekeeper, Alicia Halbert gave us a guided tour and provided information on these helpful contributors to our food system.



Bees can be very calm if they have a calm queen and have plenty of warm and sunny weather. Queens lay eggs in patterns; some queen bees have offspring that have a better temperament and are docile which makes them easier to be part of the beekeeping world. The estimated value of the beekeeping industry is 15 billion dollars. Yes \$15 billion!

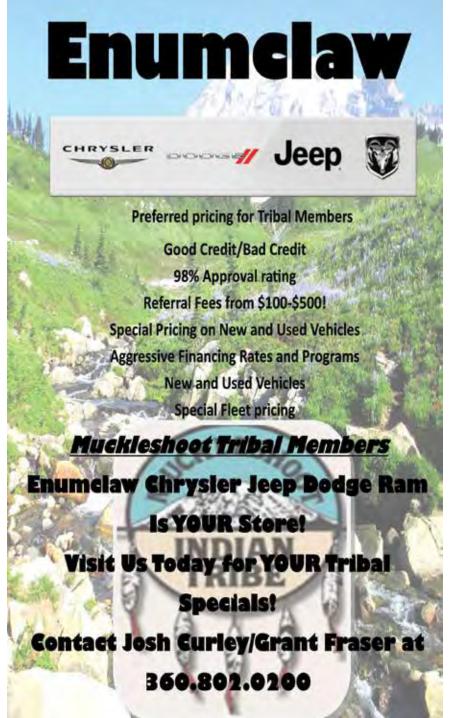
Backyard beekeepers like Alicia Halbert are saving the bee colonies that are challenged to keep diversity by being tended locally where they can eat a diverse diet and not just be dependent on say, almonds for their nectar. Beekeeping can be an expensive habit to set up. It costs approximately \$300-\$500 to start and all the supplies can be purchased locally at the Sunny Bee Honey Farm.

If you are interested in becoming a valuable beekeeper then Alicia suggests getting a book on the subject. She said also there are support classes and trainings available through Pierce County Beekeepers.

There is a great need for local beekeepers and it would be wonderful to have some of their hives tended by local gardeners or those who appreciate the work they do for us.

Alicia Halbert also offers beekeeping supplies AND honey made from the flowers and nectar here at Muckleshoot.

Sunny Bee Honey Farm 38619 180th Ave S.E. Auburn, WA. 98092 253 951 2687 www.Sunnybeehoneyfarm.com



2016 George Louke Family Gathering

April 23, 2016, Muckleshoot Pentecostal Church

























Police Report

Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

 $03/23/16 \hspace{0.5cm} 2\hbox{:}17 \hspace{0.1cm} PM \hspace{0.5cm} C16014932 \hspace{0.5cm} Skopabsh \hspace{0.1cm} Village \hspace{0.5cm} The ft$

An adult female had two round Seahawks beaded medallions stolen from her home. The first medallion was black with green edges, with a Seahawks logo and a blue 12 in the middle. The second medallion was white and blue with a Seahawks logo.

03/24/16 2:31 PM C16015136 19600 block Auburn-Enumclaw RD SE Warrant Arrest

Jason Maines (29) was arrested on a King County felony warrant for "VUCSA (Drugs)" which held a \$5,000 bail. Maines was booked into the Regional Justice Center Jail.

03/25/16 7:15 PM C16015427 39600 block 175 LN SE Vandalism

An elder male reported that someone tried to force a padlocked door to the laundry room open but did not get into it. The doorframe however was damaged.

 $03/25/16 - 10:45 \; PM - C16015463 - 41400 \; block \; Auburn-Enumclaw \; RD \; SE - Mail Theft$

An elder female reported that her locking mailbox had been broken into.

03/26/16 10:03 AM C16015507 R ST E/37 ST SE Warrants Arrests/Drugs Curtis Griffin (37) was arrested on a Kitsap County felony warrant for "Possession of Stolen Property in the Second Degree" which held a \$20,000 bail.

03/26/16 12:50 PM C16015552 Keta Creek Hatchery Burglary

The fence was cut to gain entry to the hatchery. A shed belonging to a construction company was broken into but nothing was taken.

03/26/16 2:00 PM C16015542 Pow Wow Grounds Theft

An elder female attending the Stick Games from Canada left her wallet in a restroom. When she went back for her wallet it was gone. Tahni Keene (30) was arrested on a Kitsap County felony warrant for "Possession of a Controlled Substance (Drugs)" which held a\$50,000 bail. Methamphetamines were found in the vehicle and on one of the arrested subjects. Both subjects were booked on their warrants.

03/27/16 2:45 PM C16015696 Auburn WY S/Dogwood ST Attempting to Elude Deputies stopped an adult male in a vehicle. The male fled in the vehicle when deputies were approaching him. Deputies did not pursue. The male has been identified and charges are pending.

03/28/16 12:55 AM C16015753 14700 block SE 368 ST Mental Complaint
Deputies were dispatched to a possible fight in progress. An adult female was found in a vehicle
in a mental crisis and being assaultive toward deputies. The female was sent to the hospital for a
mental health evaluation.

03/28/16 7:09 AM C16015783 Davis Property Vandalism

A multi address locking mailbox was hit by a vehicle. The suspect vehicle was located at a house nearby. Case pending further investigation.

03/28/16 11:30 AM C16015827 Davis Property Missing Person
A juvenile who has been exhibiting suicidal tendencies later had not been seen or heard from since the Saturday night before. The foster mother made a missing persons report.

03/28/16 20:09 PM C16015947 17300 block SE 387 PL Animal Problem

A Pit Bull attacked an adult male biting his pants leg. The owner of the dog was talked to by deputies but the owner seemed unconcerned. King County Animal Control was notified and will be following up.

03/29/16 10:52 PM C16016164 38800 block 164 AV SE Obstructing an Officer Emanuel Holliday (32) lied to deputies twice about his name then ran from deputies when they found out his real name. Holliday had to be tased to be taken into custody. Holliday was booked into the King County Jail for "Obstructing a Law Enforcement Officer."

03/30/16 2:17 AM C16016177 Cedar Village Suicide Attempt
An adult male said he did not want to live anymore and cut one of his wrists with a knife.
Family and friends were able to stop the male from cutting his other wrist. The male's wrist was bandaged by an aid crew and he was sent to the hospital for a mental health evaluation and medical treatment.

03/31/16 3:03 PM C16016490 Skopabsh Village Warrant Arrest/Trespass

Angelena Moses (24) was arrested on a Department of Corrections felony no bail warrant for
"Escape from Community Custody" on the original conviction of "Possession of Controlled
Substance (Drugs.)" Moses and Rosario Dominick (23) were trespassed from all Muckleshoot
Housing Authority properties for two years.

04/01/16 1:43 PM C16016644 SE 392 ST/Auburn-Enumclaw RD SE Warrants Arrest

Albert Buchanan (46) was arrested on three misdemeanor warrants. The first warrant was from King County for "Contempt of Court" which held a \$1,000 cash only bail. The second and third warrants were from Mt. Vernon for "Hunting out of Season" and "Hunting While Intoxicated" both warrants were no bail. Buchanan was booked into the Regional Justice Center Jail.

04/02/16 12:35 PM C16016795 Dogwood ST S/Auburn Way S Drug Possession

An adult male was arrested on a Bonney Lake misdemeanor warrant for theft. Meth was found on the male in a search incident to arrest. Bonney Lake declined to take the subject on his warrant. The male was released. Charges are pending for drug possession.

04/02/16 9:24 PM C16016967 SE 392 ST\Auburn-Enumclaw RD SE Warrant Arrest

Leon Brown (28) was arrested on a Bonney Lake misdemeanor warrant for "Theft" which held a \$5,000 bail. Brown was transported to Buckley where custody was transferred to a Bonney Lake officer for booking.

04/03/16 11:30 AM C16016917 SE 388 ST/160 AV SE Drug Possession

An adult male was stopped for driving on a suspended license. In a search incident to arrest meth was found on the male. The male was released at the scene. Charges are pending for drug possession.

04/04/16 6:35 AM C16017021 17700 block SE 413 PL Death Investigation
The death of an adult female was investigated. The King County Medical Examiner's office took the deceased for further investigation.

04/04/16 9:59 PM C16017181 Auburn Way S/Muckleshoot Plaza Warrant Arrest Roger Miller (52) was arrested on a Department of Corrections felony no bail warrant for "Escape from Community Custody." Miller was booked into the Enumclaw Jail.

04/07/16 10:20 AM C16017640 Skopabsh Village VandalismAn adult female reported that a window on her house had been shot with a BB and broken on 02/11/16

04/07/16 3:00 PM C16017668 Muckleshoot Casino Parking Lot Warrant Arrest Andre Goings (36) was arrested on an Issaquah misdemeanor warrant for "Theft." Goings was transported to Covington were custody was transferred to an Issaquah officer for booking into the Issaquah Jail.

04/08/16 3:00 AM C16017748 16200 block SE 392 PL Suspicious Circumstance
An elder female wanted to report the theft of money from her house. The elder kept changing
the dollar amount stolen by thousands of dollar and said the suspect was there within the last
hour. The elder's caretaker said no one had been there since she had been on duty. A case report
was written to document the circumstances.

04/10/16 1:47 AM C16018033 SE 388 ST/Auburn-Enumclaw RD SE Warrant

Michael Valles (41) was arrested on a King County misdemeanor warrant for "DUI" which held a \$5,000 bail. Valles was booked into the King County Jail.

04/13/16 9:47 AM C16018568 Miles Property Trespass

A report of a homeless encampment at the Miles Property. Joshua Jordan (31) was arrested on a King County Felony warrant for FTA/VUCSA which carried a \$3500 bail. He was transported to RJC.

04/13/16 7:57 PM C16018685 16200 blk of SE 392 PL Death Investigation Maria Carranza (70) died of apparent natural causes at her residence.

04/14/16 12:41 AM C16018713 38500 blk Auburn/Enumclaw Rd Warrant Cody Jansen Benavidez (24) was arrested on a felony VUCSA warrant out of Olympia which carried a bail of \$5,600. He was transported to King County Jail.

04/14/16 12:42 PM C16018809 SE 384 ST/168 PL SE WarrantNicholas Elkins (21) was arrested on 3 Muckleshoot Tribal misdemeanor warrants. Two were for violations of a No Contact Orders which carried a bail of \$250 each, and the other was for Trespassing which carried a \$250 bail. He was transported to SCORE Jail for booking.

04/18/16 10:30 AM K16116908 Riverwalk Dr./Auburn WY S Warrant arrests

Donald Bussey (44) was arrested on a Robbery warrant out of King County, Kayla Cravens (27) was arrested on her Fraud warrant out of King County, and Stephen Roach (35) was arrested for his warrant out of Federal after they were contacted in the pawn shop parking lot for suspicious behavior.

04/18/16 8:30 PM C16019573 39000 164 AV SE Warrant

Aurea Gonzales (36) was arrested on a Puyallup PD warrant for Theft. The bail was \$2,600. She was transported to KCJ for the warrant.

 $04/19/16 \hspace{0.5cm} 9:51 \hspace{0.1cm} PM \hspace{0.5cm} C16019781 \hspace{0.5cm} 38800 \hspace{0.1cm} blk \hspace{0.1cm} 164 \hspace{0.1cm} AV \hspace{0.1cm} SE \hspace{0.5cm} Trespass$

Rebecca Underwood-Elkins (25) and Leonard Wayne IV (29) were formally trespassed from all of Muckleshoot Housing for a year. They refused all paperwork but acknowledged the trespass.

04/20/16 12:46 AM C16019808 Miles Property Trespass

Mark Gomes (23), Autumn Tolbert (20), Gary Weiss (24), and Justin Weiss (21) were all contacted at the Miles Property and will all be charged with trespassing.

04/20/16 7:18 PM C16019985 41400 block Auburn-Enumclaw RD SE Warrant Arrest

Tiffany Luke (24) was arrested on an Enumclaw misdemeanor warrant for "Drug Paraphernalia" which held a \$30,000 bail. Luke was booked into the Enumclaw Jail.

04/20/16 10:42 PM C16019998 SE 414 ST/Auburn-Enumclaw RD SE Warrants Arrest

Christopher Richardson (33) was arrested on two Enumclaw misdemeanor warrants. The first warrant was for "Possession of a Controlled Substance (Drugs)" and held a \$25,000 bail. The second warrant was for "Driving with a Suspended License" and also held a \$25,000 bail. Richardson was booked into the Enumclaw Jail.

04/21/16 1:38 AM C16020014 SE 400 ST/Auburn-Enumclaw RD SE Warrants Arrests

Nora Elkins (32) was arrested on an Auburn misdemeanor warrant for "Giving a False Statement to an Officer" and held a \$1,500 bail. Patricia Rincon (31) was arrested on a Muckleshoot Tribal Court warrant for "Theft" which held a \$500 cash only bail. Both subjects were booked into the SCORE Jail.

04/21/16 5:04 PM C16020166 16200 block SE 392 PL AssaultA juvenile was cited for "Assault in the Fourth Degree" for assaulting their mother on 04/14/16 and leaving bruising that was still visible a week later.

04/21/16 8:00 PM C16020213 Skopabsh Village Child Abuse

Muckleshoot Police received the report of a juvenile tied to a bed by their parents. When deputies arrived at the house they found the juvenile tied to a mattress in the living room. The juvenile couldn't or wouldn't speak to deputies, had scabbed over scratch marks on their face and started chewing on their hair. The juvenile was sent to the hospital for a physical and mental health evaluation. Child Protective Services were notified. The case was sent to detectives for review.

04/22/16 11:58 AM C16020288 17500 block SE 392 ST Vandalism A Dual Trimax Force trailer was damaged in an apparent attempt to steal it.

04/22/16 5:00 PM C16020354 30200 block 158 AV SE Custodial Interference A mother called Muckleshoot Police saying her mother picked up her two juvenile children in violation of the parenting plan. The deputy contacted the children at the grandmothers, they were safe and happy. The mother was told to contact the Muckleshoot Court about the possible violation. A case report was written to document the incident.

04/23/16 2:03 PM C16020498 5100 block Auburn Way S Stolen Vehicle Recovery/Drug Possession

An adult male was stopped driving a white 1998 Chevy S10 pickup that had been stolen in Tacoma on 04/23/16. An adult female passenger was arrested after methamphetamine was found on her during a search. Both subjects were booked into the King County Jail, the male for investigation of "Vehicle Theft" and the female for investigation of "VUCSA (Drug Possession.)"

04/24/16 8:43 PM C16020728 Auburn Way S/Dogwood ST Warrant Arrest
Dustino Cabanas (20) was arrested on an Auburn misdemeanor warrant for "Possession of Drug
Paraphernalia" and "Dangerous Weapons" which held a \$3,000 bail. Cabanas was booked into
the SCORE Jail.

04/25/16 6:39 PM C16020913 39000 block 172 AV SE Warrants Arrest
Anthony Greene (20) was arrested on two misdemeanor warrants. The first warrant was out of
Auburn for "Domestic Violence Assault in the Fourth Degree" and held a \$4,000 bail. The second warrant was from the Muckleshoot Tribal Court for "Theft in the Third Degree" and held a
\$250 cash only bail. Greene was booked into the SCORE Jail.

04/26/16 4:16 PM C16021070 16100 block SE 391 ST Attempted Auto Theft An elder female reported that someone had attempted to take her car two nights before. The ignition switch was heavily damaged and hanging by wires.

Auburn/Muckleshoot Police

03/23/16 5:00 PM 16-01462 2700 block 19TH PL SE Rec Stolen Vehicle
A van which had been stolen out of Auburn on 02-02-16 was located parked in the parking lot of the location.

A juvenile female was assaulted by a known male. After a verbal argument, the male threw an unknown object at the female, causing a laceration to the back of her head. The female told officers that she did not want to press charges against the male.

03/23/16 11:00 PM 16-03675 5100 block Auburn Way S Assault

03/24/16 1:30 AM 16-03678 5100 block Auburn Way S Warrant
Rosario Dominick (23) was arrested on a misdemeanor warrant out of Auburn for Criminal
Trespass and Possession of Drug Paraphernalia. He was booked into the SCORE Jail.

03/25/16 4:00 AM 16-03722 1700 block Dogwood DR SE Verbal Domestic An adult male and female were in a verbal argument. When officers arrived, the male had already left the location. The female said that nothing physical had occurred.

03/25/16 7:15 AM 16-03723 1700 block Ginkgo ST SE Verbal Domestic
A neighbor called to report sounds of a verbal domestic at the location. When officers arrived they spoke with a resident who stated that her adult daughter had been arguing with her boyfriend however stated that both were now gone. The resident said that nothing physical had occurred.

03/25/16 7:30 PM 16-03761 Muckleshoot Casino Stolen Vehicle

A blue Subaru Legacy was stolen from the Casino. The owner left the vehicle in the parking lot on 03-22-16 and when they returned; the vehicle was no longer there. The vehicle has not been recovered.

03/25/16 7:00 PM 16-03763 Muckleshoot Bingo Rec Stolen Vehicle

A previously reported stolen vehicle was located occupied in the parking lot of the location.

When the owner was contacted about the whereabouts and occupants of her vehicle, she stated that the occupants were family members and decided not to pursue criminal charges.

03/27/16 8:30 AM 16-03830 1700 block 17TH ST SE Theft
A female reported that \$380 and a cell phone were stolen from her purse while she was asleep.

03/27/16 6:15 PM 16-03611 3600 block Lemon Tree LN Rec Stolen Vehicle A previously reported stolen vehicle was located unoccupied by the owner at the location.

03/27/16 11:00 PM 16-03840 Muckleshoot Bingo WarrantAlyssa Louie (24) was arrested on a misdemeanor warrant out of Auburn for Criminal Trespass. She was provided with a Court date and released at the scene.

03/29/16 1:00 AM 16-03898 2700 block 18TH ST SE Warrant/Drug
Leonard Wayne (29) was arrested on a misdemeanor warrant out of Bellevue for DWLS. He was also in possession of a controlled substance and was booked into the SCORE Jail.

04/01/16 9:55 PM 16-04042 2400 block Elm ST SE Rec Stolen Vehicle
A previously reported stolen vehicle out of Federal Way was located unoccupied at the location.

04/02/16 12:15 PM 16-04087 2700 block Auburn Way S Malicious Mischief Gumercindo Balbuena-Cortes (40) was arrested for Malicious Mischief after he threw a rock through the window of a parked vehicle.

04/02/16 12:30 PM 16-04088 1800 block R ST SE Verbal Domestic

A female called 911 to report that her adult son and his girlfriend were in a verbal argument.

Upon police arrival, the male had left the location however other involved parties stated that nothing physical had occurred and it was verbal only.

04/06/16 4:15 PM 16-04284 Muckleshoot Deli Medical
An intoxicated male who was unable to stand or walk on his own was located lying behind the Muckleshoot Deli. He was transported to the hospital for an evaluation.

04/07/16 10:15 AM 16-04326 Twin Firs Burglary
A female reported that her home was burglarized. The suspect(s) entered through an unlocked window and stole an X-Box One.

A male was arrested for trespassing on the Miles Sand and Gravel Property after he was located inside the gated property against the building. He was booked into the SCORE Jail.

04/08/16 11:15 AM 16-04373 2100 block Hemlock ST SE Stolen Vehicle A green Acura Integra was stolen sometime overnight from the location. The vehicle was located unoccupied in Auburn on 04/10/16.

04/08/16 1:00 AM 16-04359 1201 M ST SE Trespass

04/08/16 11:00 PM 16-04399 Muckleshoot Bingo Trespass

Paula Wayne (28) was arrested for trespassing at Bingo. She was booked into the SCORE Jail.

04/09/16 3:45 AM 16-04408 1201 M ST SE Trespass

Four male were arrested for trespassing at the Miles Sand and Gravel Property. All four males were located inside of the two story building which is within the gated property. All four males were booked into the SCORE Jail.

04/11/16 7:30 AM 16-04487 2500 block 24TH ST SE Stolen Vehicle
A 2007 white Chevy Express Van was stolen sometime overnight from the location. The vehicle was later located in Tukwila.

04/11/16 10:00 AM 16-04494 2500 block 24TH ST SE Rec Stolen Vehicle A van which had been stolen out of Seattle on 04-10-16 was located parked at the location.

04/11/16 7:00 PM 16-04513 2100 block Auburn Way S Malicious Mischief
A juvenile was contacted in a specific area after reports of juveniles throwing rocks at passing cars. The juvenile admitted to throwing rocks at vehicles as they were driving by. He was taken home to his family and Detectives are reviewing the case.

04/12/16 4:00 AM 16-04524 Muckleshoot Bingo Trespass
Haley Spencer (22) was arrested for trespassing at Bingo. She was provided with a citation and

released at the scene.

A building on the property was found to have a door forced open. Blankets and food items were located inside the vacant building however no suspects were located.

04/13/16 9:30 AM 16-04585 1201 M ST SE Trespass
Two males and one female were trespassed from the Miles Sand and Gravel Property after they

04/12/16 4:30 PM 16-04554 1200 M ST SE Burglary

were located inside the vacant building on the property. Joshua Jordan (31) was arrested on a Felony warrant out of King County for Controlled Substance Possession. He was booked into the RJC by Deputies.

04/15/16 3:30 PM 16-04688 5400 block Auburn Way S Juvenile Runaway A mother reported her juvenile son as a runaway. The juvenile left his home on 04-14-16 and has not been located.

A black 1997 Honda Accord was stolen sometime overnight from the location. The vehicle has not been located.

04/15/16 7:45 PM 16-04695 3300 block Auburn Way S Stolen Vehicle

04/16/16 2:00 AM 16-04716 1700 Ginkgo ST SE DV Assault An adult male was arrested for assaulting his adult girlfriend. A family member witnessed the assault and called police.

4/19/16 12:30 AM 16-04835 Twin Firs Rec Stolen Vehicle
A vehicle which had been stolen from Puyallup on 04-18-16 was located parked at the location.

04/20/16 12:15 AM 16-0895 1700 block 17TH ST SE Theft
An elder reported that \$80.00 was withdrawn from her checking account without her permission. An investigation is being conducted to try to identify the suspect.

04/21/16 11:45 PM 16-04943 1700 block Ginkgo ST SE Vandalism

An adult female got into a verbal argument with her mother and when the mother locked her daughter out of the house, the daughter threw large rocks at the window causing damage.

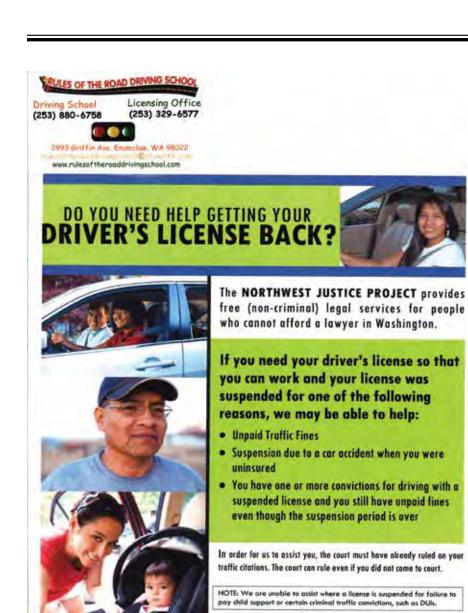
04/24/16 8:00 AM 16-05055 Green Tree Condos WarrantByron Fryberg (30) was arrested on Puyallup warrant for FTA/Theft 3 after he was located sleeping in a park. He was booked into the SCORE Jail.

04/26/16 6:00 PM 16-05157 1800 block 17TH ST SE Burglary

A female reported that her garage was broken into and the suspect(s) stole two tires with rims. 4/27/16 10:30 AM 16-05183 Muckleshoot Casino Harassment

4/27/16 10:30 AM 16-05183 Muckleshoot Casino Harassment Gumertindo Balbuantes-Cortes (40) was arrested for Felony Harassment after threatening a security officer. He was booked into the SCORE Jail.

Notices May 15, 2016



Free Estate Planning and Will Drafting Service for Muckleshoot Tribal and Community Members

(888) 201-1014

The Institute for Indian Estate Planning and Probate at Seattle University School of Law, will be assisting the Muckleshoot Indian Tribe starting May 30, 2016 to draft a new will OR change an existing will that will comply with Tribal, State, and Federal law. Nick Fillhart, an intern with the Institute working under the direction of Attorney Guadalupe Ceballos, will be able to meet with Muckleshoot tribal members up until June 29, 2016.

You need a will if:

- You are over 18
- You have, or may acquire, trust land, non-trust land, or personal property
- You have children or step-children under 18
- You want to leave property to someone who is not in your immediate, blood family
- You want to leave income from an interest to a non-Indian
- You want to stop further fractionation of your land

If you die without a will, the American Indian Probate Reform Act (AIPRA) will determine who will receive your trust land, but with a will you have many more options! If you are interested in learning more or having your will written, please contact Nick Fill-

All services are free to Muckleshoot Tribal members and Muckleshoot Community members, regardless of tribal enrollment or ownership of trust land.

Nick Fillhart

fillhart@seattleu.edu or indian.wills@muckleshoot.nsn.us (253) 876 - 3170

Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Cultural Events

The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner

When: Every 2nd Tuesday of the month: Canoe Family song & dance - 5:30 to 7:30 PM

Get Your Weave On! Weaving with Gail WhiteEagle When: Tuesdays (except 2nd Tuesday's) -

12:00 PM to 8:00 PM Wednesdays & Thursdays - 9:00 AM to 5:00 PM **Both are at the Canoe Family Clubhouse**

Sewing Projects with Pauline Lezard & Sandy Heddrick

When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction.

Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

ANNUAL HUNTERS MEETING **SCHEDULED FOR JULY 12**

The Annual Hunters Meeting is scheduled for JULY 12, 2016 @ PSB COUGAR ROOM. MUST BE PRESENT TO ENTER THE SPECIAL HUNT DRAWING, AND MUST SIGN IN BEFORE 6PM. NO ONE IS ALLOWED TO ENTER THE DRAWINGS AFTER 6PM.

Goat and Sheep drawings will be on JULY 19, 2016 AT 6PM AT THE PSB COUGAR ROOM.

2016 Per Capita Deadlines and Schedule

May 31, 2016 - Enrollment Cut Off Date for September 2016 Per Capita June 7, 2016 - Per Capita Distribution Cougar Room

June 8, 2016 - Per Capita Distribution Cougar Room June 9, 2016 - Per Capita Distribution Finance Building

Some other important things to note:

- If you have direct deposit and your account is closed, you need to let me know. If we submit your payment to your account and it is rejected, we have to wait until the funds are returned to us before we can reissue you a check. This process can sometimes take up to 5 days. In order to get your money in a timely manner, come to Finance and fill out a Direct Deposit Cancellation form.
- If you turn 13 or 18 during the current quarter, your direct deposit will

be cancelled. You will need to fill out a new form for your corresponding age group.

- If you are unable to pick up your Per Capita check and would like someone else to do it for you, you MUST put the request in writing and it has to be notarized. We have forms available in
- Please keep your address updated with Finance. When checks are not picked up during normal distribution, they get mailed the next day to the last address we had on file for you. Payment can be delayed if it goes to the wrong address.
- If you or a family member is incarcerated during a Per Capita distribution, please let us know. We will hold your check until we receive something directly from you at the jail to Finance, letting us know what you would like done with your check.

If you have any questions about your Per Capita, please feel free to contact me at 253-876-3189 or via email heather.evans@ muckleshoot.nsn.us.

Sincerely, Heather Evans

Finance Operations Analyst

Tomanamus Forest Permits

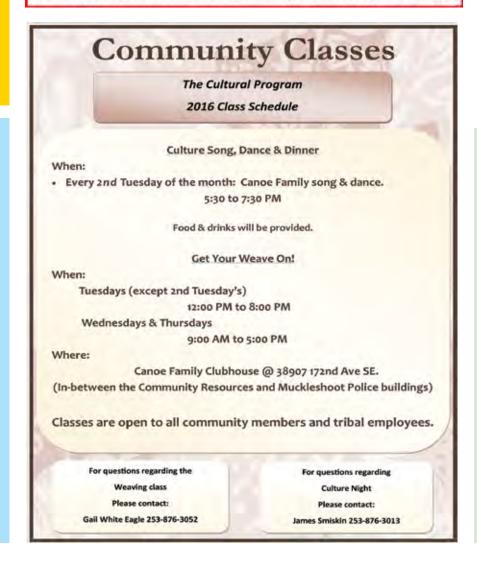
Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number Tribal Members Only.

The permits are FREE. Office Hours are 8am to 5pm Monday thru Friday.



READ THE MUCKLESHOOT MONTHLY ON-LINE AT:

http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx





May 26

May 29-30

May 30

June 1-3

June 3-5

June 7

June 8

June 9 June 17-19

June 23

July 12

October 30

November 11

November 19

December 17

Address

EVENTS CALENDAR

Volcano/Lahar Seminar, 10am - 1 pm, Elders Complex

Tribal College Alumni Dinner 6-8pm, Pentecostal Church

Traditional Pow Wow & Coastal **Jams**, 11am - 7pm at the Seattle Center, Space Needle Green, John T. Williams Totem Pole

Memorial Day Dinner 5-7pm at Muckleshoot Pentecostal

Christian Convocation National Meeting- All day at the Pentecostal

Annual Tulalip Veterans Pow Wow, Donald Hatch Gym/Greg Williams Court

Per Capita Distribution Cougar

Per Capita Distribution Cougar

Room Per Capita Distribution Finance

Building **Muckleshoot Veterans PowWow** at

PowWow Grounds Health Fair & Walk MIT Health

& Wellness Center Gym 1PM. Call

253-939-6643 for info **Annual Hunters Meeting** - 6 pm at PSB Cougar Room

Halloween Party - 12-4 pm at **Emerald Downs**

Veteran's Day Dinner - 5-7 pm at Pentecostal Church Thanksgiving Dinner - 4-6 pm at

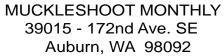
Emerald Downs Christmas Party - 2-6 pm

at Emerald Downs SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!

Muckleshoot.Monthly@muckleshoot.nsn.us

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



clip and return——— SUBSCRIPTION REQUEST

/ ADDRESS UPDATE [] New subscription [] Address change Address City & State_

If this is an address change, list previous address:

City & State [] I am a Muckleshoot tribal member,] I have ties to the Muckleshoot Tribal

Community Please explain: __



Muckleshoot Monthly John Loftus, Managing Edito Evan Avila, Assistant Editor

39015 172nd Avenue SE Auburn, WA 98092

Muckleshoot.Monthly@muckleshoot.nsn.us

2016-'17 Muckleshoot Tribal Council Virginia Cross, Chair John Daniels Jr., Vice-Chair Jeremy James, Secretary Jaison Elkins, Treasurer

Mike Jerry Sr. Kerri Marquez Anita Mitchell Marie Starr Louie Ungaro



Happy 30th birthday Stanley George Cross!

We love you, you old man! You're an amazing daddy, husband, son, uncle, and brother.

Mom, Corey, Glorianna, Elena, Zoie, Xandra, Benjamin, Kainoa, Rosa and Keoni

















MARK YOUR CALENDAR!

Virginia Cross

June Birthday Celebration!



Sunday, June 5, 2016 Game Farm Wilderness Park 4:00 PM to Dusk

PLEASE COME JOIN AND CELEBRATE **OUR MOTHER, GRANDMOTHER, AUNTIE,** FRIEND AND ALL FAMILY/FRIENDS JUNE BIRTHDAYS!!

POTLUCK STYLE, PLEASE ALL COME AND ENJOY, VISIT, CELEBRATE!!



Happy Birthday!!

Kalinuh Leandro - 4/8

Mareli Leandro - 5/18

Mommy, Daddy, Sister Lea-Jinn, Gramma and Grampa LOVE you both so much!!

Baby Sirl Lea-Jinn Sue Leandro



Born - September 14, 2015 Weight - 6lbs 10oz

Length - 18 1/4inches

Proud Parents - Jonnie Rae and Judas Leandro

Proud Big Sisters - Mareli and Kalinuh Leandro

Proud Grandparents - Regina Morrison, Patrick Daniels Sr., and Maria Hernandez(AZ).

Proud Great Grandfathers - Leo "Tiny" Daniels Jr., Dale Miller

Proud Aunts/Uncles - Dino Daniels, Tanya Burdeau, Zybra Nicholson(AZ), Alma Aquino(WI), Peter Daniels, Stanley Daniels Sr., Sergio "BB" Hernandez(AZ), and Juan Rossilo(WI)